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2 **1 Effects of lifetime noise exposure on the middle-age human auditory brainstem response,**
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4 **2 tinnitus and speech-in-noise intelligibility**

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61 **20 Abstract**
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64 21 Recent animal studies have shown that the synapses between inner hair cells and the dendrites
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66 22 of the spiral ganglion cells they innervate are the elements in the cochlea most vulnerable to
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68 23 excessive noise exposure. Particularly in rodents, several studies have concluded that exposure
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70 24 to high level octave-band noise for 2 hours leads to an irreversible loss of around 50% of synaptic
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72 25 ribbons, leaving audiometric hearing thresholds unaltered. Cochlear synaptopathy following
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74 26 noise exposure is hypothesized to degrade the neural encoding of sounds at the subcortical
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76 27 level, which would help explain certain listening-in-noise difficulties reported by some subjects
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78 28 with otherwise 'normal' hearing. In response to this peripheral damage, increased gain of central
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80 29 stages of the auditory system has been observed across several species of mammals, particularly
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82 30 in association with tinnitus. The auditory brainstem response (ABR) wave I amplitude and waves
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84 31 I-V amplitude ratio have been suggested as non-invasive indicators of cochlear synaptopathy
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86 32 and central gain activation respectively, but the evidence for these hearing disorders in humans
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88 33 is inconclusive. In this study, we evaluated the influence of lifetime noise exposure (LNE) on the
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90 34 human ABR and on speech-in-noise intelligibility performance in a large cohort of adults aged
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92 35 29 to 55. Despite large inter-subject variability, results showed a moderate, but statistically
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94 36 significant, negative correlation between the ABR wave I amplitude and LNE, consistent with
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96 37 cochlear synaptopathy. The results also showed (a) that central gain mechanisms observed in
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98 38 animal studies might also occur in humans, in which higher stages of the auditory pathway
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100 39 appear to compensate for reduced input from the cochlea; (b) that tinnitus was associated with
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102 40 activation of central gain mechanisms; (c) that relevant cognitive and subcortical factors
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104 41 influence speech-in-noise intelligibility, in particular, longer ABR waves I-V interpeak latencies
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106 42 were associated with poorer performance in understanding speech in noise when central gain
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108 43 mechanisms were active; and (d) absence of a significant relationship between LNE and tinnitus,
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110 44 central gain activation or speech-in-noise performance. Although this study supports the
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112 45 possible existence of cochlear synaptopathy in humans, the great degree of variability, the lack
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46 of uniformity in central gain activation and the significant involvement of attention in speech-
47 in-noise performance suggests that noise-induced cochlear synaptopathy is, at most, one of
48 several factors that play a role in humans' speech-in-noise performance.

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50 **Keywords**

51 Noise-induced hearing loss; cochlear synaptopathy; hidden hearing loss; central gain; speech-
52 in-noise; cocktail party; tinnitus.

53 **List of abbreviations**

54 ABR: auditory brainstem response. A_I , A_{III} , A_V : amplitude of waves I, III, and V. A_I/A_V : waves I/V
55 amplitude ratio. ANF: auditory nerve fiber. CAP: compound action potential. DPOAEs: distortion
56 product otoacoustic emissions. EEG: electroencephalogram. HHL: hidden hearing loss. HL:
57 hearing level. HL-LF: hearing loss in low frequencies. HL-HF: hearing loss in high frequencies. HL-
58 EHF: hearing loss in extended-high frequencies. IHC: inner hair cell. LNE: lifetime noise exposure.
59 LSR: low spontaneous rate. L_I , L_{III} , L_V : latency of waves I, III, and V. L_V-L_I : waves I-V interpeak
60 latency. OHC: outer hair cell. RMSE: root-mean-square error. SD: standard deviation. SPL: sound-
61 pressure level. TE: test ear. TEA: test of everyday attention. TIP: TIPtrode placed in the ipsilateral
62 ear canal.

63 **Highlights**

- 64 ▪ ABR wave I amplitude negatively correlates with lifetime noise exposure.
- 65 ▪ Subjects with tinnitus presented active central gain mechanisms.
- 66 ▪ No systematic effect of noise exposure on human auditory evoked activity.
- 67 ▪ No clear evidence for noise exposure influencing speech-in-noise performance.
- 68 ▪ Central gain and brainstem conduction speed are relevant factors in speech-in-noise.

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70 **1. Introduction**

71 The effect of noise exposure on animal and human auditory structures has been a topic of
72 research for decades. Initial studies established that cochlear outer hair cells were the primary
73 element affected by excessive noise, and that auditory nerve fibers (ANFs) degenerated only
74 after their target hair cell was damaged (Hu and Henderson, 1997; Bohne and Harding, 2000;
75 Emmerich et al., 2000; Wang et al., 2002). However, recent animal studies suggest that inner
76 hair cell (IHC) synapses are the most vulnerable element in the cochlea (for a review, Hickox et
77 al., 2017; Liberman and Kujawa, 2017). Kujawa and Liberman (2009) found in mice that a 2-hour
78 exposure to octave-band noise (8-16 kHz) at 100 dB sound-pressure level (SPL) [also known as
79 synaptopathic noise] led to an irreversible loss of around 50% of IHC synaptic ribbons. As a
80 consequence, a reduced wave I amplitude of the auditory brainstem response (ABR) was
81 recorded at suprathreshold levels in the 32 kHz frequency band, despite a complete recovery in
82 hearing thresholds. Additional animal studies have further clarified the nature of this cochlear
83 synaptopathy: fibers with low-spontaneous rate (LSR), (i.e. those which activate at high sound
84 levels) are more vulnerable to noise exposure (Furman et al., 2013), and the degenerative effects
85 of aging are accelerated by noise exposure (Fernandez et al., 2015). Simulations (but no
86 empirical data) have shown that the loss of LSR fibers is likely to degrade the neural
87 representation of temporal features and fine details of the stimulus (Lopez-Poveda and Barrios,
88 2013; Lopez-Poveda, 2014). These results underpin the theoretical concept known as 'hidden
89 hearing loss' (HHL, Schaette and McAlpine, 2011), in which cochlear synaptopathy in humans is
90 hypothesized to explain speech intelligibility deficits (especially in difficult listening
91 environments) hidden behind normal-threshold audiograms.

92 To date, evidence of cochlear synaptopathy derived from noise exposure in humans has been
93 inconclusive, and it remains unclear whether occupational and recreational noise exposures
94 typically found in humans are sufficient to cause cochlear synaptopathy (Dobie and Humes,
95 2017). Prendergast et al. (2017) found no evidence in either ABR or frequency-following

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297 96 response measures in 126 normal-hearing young adults (aged between 18 and 36 years) with
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299 97 varying degrees of lifetime noise exposure (LNE). Consistent with these results, Grinn et al.
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301 98 (2017) found that self-reported exposure to occupational and recreational noise over a 1-year
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303 99 period was not associated with an expected decrease in the amplitude of the compound action
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305 100 potential (CAP). This study included 32 young adults (13 males), aged 21-27. Moreover, Fulbright
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307 101 et al. (2017) also found no statistically significant relationship between the ABR wave I amplitude
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309 102 and noise exposure evaluated over a 1-year period in a group of 60 normal-hearing young adults
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311 103 (34 females, 18-30 years). Grose et al. (2017) compared a group of young adults who regularly
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313 104 attended loud music venues (n=31, 21 males, 18-35 years) with an age-matched control group
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315 105 (n=30, 11 males), and despite finding a reduced amplitude ratio of waves I/V in the experimental
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317 106 group, they found no differences in (a) any absolute measure of ABR amplitudes or latencies, (b)
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319 107 the amplitude of envelope-following responses, (c) the amplitude of the acoustic change
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321 108 complex, or (d) performance in any psychoacoustic test, which included temporal and spectral
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323 109 modulation detection, and sensitivity to inter-phase differences. In contrast, Stamper and
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325 110 Johnson (2015a,b) did find a statistically significant negative correlation between self-reported
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327 111 occupational and leisure noise exposure over a 1-year period, and the ABR wave I amplitude
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329 112 recorded at suprathreshold levels, but only in the female subset of 30 normal-hearing young
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331 113 adults (20 females, 19-28 years). Bramhall et al. (2017) also found reduced wave I amplitudes,
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333 114 this time in a group of veterans with high levels of noise exposure (n=11) and non-veterans with
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335 115 a history of firearm use (n=4), compared to veterans with low noise exposure (n=7) and non-
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337 116 veterans without a history of firearm use (n=12). The age range in this study was 19-35 years,
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339 117 and the noise exposure history was estimated over the lifetime. Despite finding wave I
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341 118 amplitude differences, the authors did not find a difference in the amplitude of waves III and V
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343 119 between the exposed and the non-exposed groups, which the authors speculated may indicate
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345 120 the activation of “central gain” mechanisms.
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121 The “central gain” model has been posited to explain the increase in the spontaneous and
122 sound-evoked neural activity of central auditory structures, such as the auditory cortex, medial
123 geniculate body, and inferior colliculus, as a compensatory response to reduced input from the
124 cochlea arising from noise exposure or the use of ototoxic drugs (Salvi et al., 2000; Sun et al.,
125 2012; Chen et al., 2013; Niu et al., 2013; Auerbach et al., 2014). This maladaptation of the central
126 auditory system to cochlear damage has been suggested to underlie tinnitus, loudness
127 intolerance, and hyperacusis (Hébert et al., 2013; Auerbach et al., 2014; Hickox and Liberman,
128 2014; Diehl and Schaette, 2015; Salvi et al., 2017). In humans, central gain activation has been
129 measured by evaluating the wave I/V amplitude ratio, with a lower ratio being a marker of
130 central gain activation (Schaette and McAlpine, 2011; Gu et al., 2012; Bramhall et al., 2018).
131 These three studies reported that subjects with tinnitus presented lower wave I amplitudes, but
132 similar (Schaette and McAlpine, 2011; Bramhall et al., 2018) or enhanced wave V amplitudes
133 (Gu et al., 2012), resulting in lower waves I/V ratios in the tinnitus population.

134 The primary objective of this research was to use ABR signals to investigate noise-induced
135 cochlear synaptopathy in a large cohort of middle-age adults, in which their history of noise
136 exposure was evaluated over the lifetime. We hypothesized that participants with higher levels
137 of LNE would show degraded ABRs, particularly in the more peripheral components.

138 We also hypothesized that, consistent with animal studies, cochlear synaptopathy (if present)
139 would trigger the activation of central gain mechanisms, and we aimed to investigate the
140 existence of these mechanisms in our human cohort, particularly in subjects reporting tinnitus.

141 A final aim of the study was to consider speech-in-noise perception holistically to determine the
142 relative influence of LNE, ABR amplitude, ABR latency, central gain, and other factors already
143 identified in previous research as having an effect on speech-in-noise, including age (Glyde et
144 al., 2013; Moore et al., 2014), audiometric thresholds from low to extended-high frequencies
145 (Glyde et al., 2013), and attention (Schvartz et al., 2008; Mattys et al., 2012; Wild et al., 2012).

146 We anticipated that greater noise exposure, increasing age, and poorer hearing thresholds

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415 147 would be associated with worse speech-in-noise intelligibility performance, while better
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417 148 attention skills were expected to have a positive effect on speech-in-noise performance.
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420 149 **2. Methods**

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425 151 All protocols followed in this study were in accordance with the National Statements on Ethical
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427 152 Conduct in Human Research and were approved by the Macquarie University and the Australian
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429 153 Hearing Human Research Ethics Committees (Refs 5201400862; AHHREC2014-5).
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432 154 2.2. Participants

435 155 Seventy-four participants (aged 29-55, mean = 43.36 years, SD = 6.94 years, 37 females) with
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437 156 self-reported normal hearing were recruited from the general community. The participants
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439 157 presented with different levels of leisure- and work-related noise exposure, musical training,
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441 158 and self-reported listening-in-noise difficulties. The inclusion criteria required that participants
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443 159 had English as a first language, did not speak a tonal language, and had normal or near-normal
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445 160 pure-tone hearing thresholds in both ears in the range of frequencies typically evaluated in
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447 161 current clinical protocols (Dillon, 2012; Katz, 2014). Normal hearing was defined as a hearing
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449 162 loss ≤ 20 dB hearing level (HL) at 0.25 – 6 kHz; and near-normal thresholds were considered as
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451 163 ≤ 25 dB HL up to 2 kHz, ≤ 30 dB HL at 3 kHz, ≤ 35 dB HL at 4 kHz, and ≤ 40 dB HL at 6 kHz (Moore
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453 164 et al., 2012). Subjects #S01 to #68 were a subset from a larger study of 122 participants (63
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455 165 female), who undertook a number of behavioural tests (Yeend et al., 2017). Since most of these
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457 166 subjects presented LNE values between 3 and 4.5 $\log_{10}\text{Pa}^2\text{h}$, subjects #S69 to #S74 were
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459 167 recruited with the additional inclusion criteria of having a LNE lower than 3 $\log_{10}\text{Pa}^2\text{h}$ in order to
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461 168 have the lower LNE range better represented. All participants gave written consent to
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463 169 participate, were paid \$40 for their participation, and received a report that detailed their
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465 170 hearing thresholds and other test results.
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474 171 2.3. Electrophysiology
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476 172 The stimuli consisted of 12,500 rarefaction clicks of 113 μ s duration (five positive samples using
477 173 a sampling rate of 44.1 kHz), presented with a rate of 39.1 stim/sec at 108.5 dB peak-to-peak
478 174 equivalent SPL, corresponding to 75 dB HL. The duration of the stimulation sequence was about
482 175 320 seconds. This sequence was presented monaurally to the test ear (TE) through ER-3A insert
483 176 earphones (Etymotic Research, Inc., Elk Grove Village, IL), placed in the ear canal after otoscopic
484 177 inspection. The right ear was assigned as the TE, in all but three participants who showed slightly
485 178 better hearing thresholds in the left ear (participants #S20, #S30, and #S67). The insert
486 179 earphones were connected to a Fireface UCX audio soundcard (RME Audio, Haimhausen,
487 180 Germany). Stimulus level was calibrated in a type HA2 artificial ear 2-cc acoustic coupler
488 181 connected to a type 4144 pressure microphone, which was connected to a type 2636 measuring
489 182 amplifier through a type 2639 preamplifier cable (Brüel & Kjær Sound & Vibration Measurement
490 183 A/S, Nærum, Denmark).

501 184 The electrophysiology sessions took place in an electromagnetically shielded booth at the
502 185 National Acoustic Laboratories (Sydney, Australia). The recording of the neural response was
503 186 carried out by three gold-plated surface electrodes placed on the high forehead (Fz, active),
504 187 middle forehead (FPz, ground), and ipsilateral mastoid (Tp9 or Tp10, i.e. Tp9/Tp10, reference 1),
505 188 and by a disposable gold TIPtrode (Natus Neurology Inc., Middleton, WI) placed in the ipsilateral
506 189 ear canal (TIP, reference 2). Two electroencephalograms (EEGs) were recorded in each subject
507 190 with an electrode setup [Fz-Tp9/Tp10] and [Fz-TIP]. The impedance of the electrodes with the
508 191 scalp was kept below 3 k Ω in all recordings. The system used to record auditory evoked
509 192 potentials was the SmartEP with Continuous Acquisition Module (SmartEP-CAM, Intelligent
510 193 Hearing Systems, Miami, FL). The recording sampling rate was 10 kHz, the gain of the
511 194 preamplifier was 50K, and the cut-off frequencies for the bandpass analogue filters were [50-
512 195 3000] Hz. During the recording session, participants were lying down on a comfortable couch,
513 196 with their eyes closed and neck and shoulder muscles relaxed.

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533 197 EEG processing was carried out by custom scripts developed in Matlab (The Mathworks Inc.,
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535 198 Natick, MA), using functions from the 'Signal Processing' toolbox. Two ABR signals ([Fz-
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537 199 Tp9/Tp10] and [Fz-TIP]) were obtained in each subject by averaging the EEG segments
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539 200 corresponding to the first 12 ms from each stimulus onset in each of the EEG channels. Digital
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541 201 filtering consisted of a 50 Hz notch filter and a zero-phase 4th order Butterworth [200-2000] Hz
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543 202 bandpass filter. In order to maintain a constant number of averaged sweeps across participants,
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545 203 the upper 20% of EEG segments with the highest root-mean-square (RMS) values were not
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547 204 included in the average, thus each ABR signal was obtained by averaging 10,000 sweeps. The
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549 205 time-delay introduced by the plastic tube of the insert earphones was estimated at 0.81 ms by
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551 206 dividing the length of the tube (0.278 m) by the speed of sound in air (343 m/s). Since the
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553 207 sampling rate was 10 kHz, the ABRs were shifted 8 samples to compensate for this time-delay.
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556 208 Latencies were measured in waves I, III, and V as the time difference in milliseconds between
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558 209 the stimulus onset and the top of the peak. The amplitudes of these waves were measured in
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560 210 microvolts as the voltage difference between the peak of each wave and the minimum trough
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562 211 occurring within the 2 ms following each peak. The analysis of the latency and amplitude in
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564 212 waves I, III, and V, as well as the waves I-V interpeak latency and ratio of amplitudes, was
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566 213 performed conventionally using the [Fz-Tp9/Tp10] ABR signal. However, since the TIPtrode
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568 214 provides an improved performance in wave I analysis (Bauch and Olsen, 1990), the analysis of
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570 215 wave I latency and amplitude was also conducted using the [Fz-TIP] ABR signal.
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573 216 2.4. Audiometry

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576 217 Hearing thresholds were measured using the Interacoustics AC40 audiometer (Interacoustics
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578 218 A/S, Middelfart, Denmark) following a 2 dB step staircase method with pure tones presented at
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580 219 0.25, 0.50, 1, 2, 3, 4, 6, 8, 9, 10, 11.25, and 12.5 kHz. An average threshold was estimated in the
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582 220 test ear for frequencies 0.25 to 2 kHz (hearing loss in low frequencies, HL-LF), for 3 to 6 kHz
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584 221 (hearing loss in high frequencies, HL-HF), and for 8 to 12.5 kHz (hearing loss in extended-high
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586 222 frequencies, HL-EHF).
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592 223 2.5. Distortion product otoacoustic emissions
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595 224 Distortion product otoacoustic emissions (DPOAEs) were recorded using a Mimosa Acoustics
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597 225 HearID Auditory Diagnostics System (Mimosa Acoustics Inc., Champaign, IL), connected to an
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599 226 Etymotic ER10C probe coupled to the ear canal with a disposable foam eartip. An f_2/f_1 ratio equal
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601 227 to 1.25 was used at levels of $f_1 = 65$ dB SPL and $f_2 = 55$ dB SPL (Dhar and Hall, 2012). A DP-Gram
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603 228 was obtained in each participant by representing the cubic difference tone ($2 \cdot f_1 - f_2$) amplitude
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605 229 response (DPOAE response) at 29 different f_2 frequencies distributed logarithmically between 1
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607 230 and 12 kHz.
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610 231 2.6. Lifetime noise exposure and tinnitus

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613 232 LNE was estimated for each participant considering both leisure and work-related activities
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615 233 through a questionnaire adapted from an online survey previously developed by the research
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617 234 group (Beach et al., 2013; Yeend et al., 2017). This online survey is provided as supplementary
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619 235 material in appendix A. In this survey, respondents were asked to list all jobs in which they had
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621 236 been exposed to noise, the duration of their employment, the average hours per week spent in
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623 237 noise, and the use of hearing protection. Using these estimates and a nominal noise value of 90
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625 238 dB L_{Aeq} total workplace noise exposure was calculated in $\log_{10} Pa^2h$. In addition, the survey asked
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627 239 respondents to quantify their lifetime participation in 12 known high-noise leisure activities, and
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629 240 use of hearing protection. Using these data, together with average noise levels (L_{Aeq}) and typical
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631 241 durations from the NOISE database (Beach et al., 2013), total exposure for each leisure activity
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633 242 was also calculated in $\log_{10} Pa^2h$. Workplace and leisure exposure figures were then added to
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635 243 arrive at a total lifetime noise exposure estimate after adjusting for hearing protection use.
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638 244 In this survey, participants were also asked to indicate how often they experienced tinnitus,
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640 245 defined as a buzzing, ringing, whistling, hissing or pulsing sound. The closed set of possible
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642 246 responses included 'never or almost never', 'occasionally', 'sometimes', 'frequently', and
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651 247 'always or almost always'. Participants were categorized as 'non-tinnitus' if their response was
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653 248 one of the first three options, and as 'tinnitus' otherwise.
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655 656 249 2.7. Attention 657

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659 250 Attention was evaluated with three auditory subtests from the Test of Everyday Attention (TEA;
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661 251 Robertson et al., 1996). A shortened version of subtest 2 'elevator counting', which evaluates
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663 252 sustained attention, was used to help participants familiarize with the test protocol. Subtest 3
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665 253 'elevator counting with distraction' was used to assess selective attention. In this subtest,
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667 254 listeners were asked to count the repetitions of a mid-pitch tone (500 Hz) while ignoring a higher
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669 255 pitch tone (600 Hz). Attention switching was evaluated by subtest 5 'elevator counting with
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671 256 reversal', which required listeners to count the repetitions of a mid-pitch tone (500 Hz)
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673 257 considering other tones of higher pitch (600 Hz) and lower pitch (400 Hz) as cues to reverse-
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675 258 count in order to determine the floor at which an elevator had arrived. An overall attention score
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677 259 was obtained by averaging the results obtained in subtests 3 and 5.
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680 260 2.8. Speech-in-noise performance 681

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683 261 Participant's speech-in-noise performance was evaluated using the high-cue (HC) condition of
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685 262 the Australian version (2.202) of the LiSN-S test, in which two-talker masker noise was spatially
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687 263 separated $\pm 90^\circ$ from different-talker target speech at 0° (Cameron and Dillon, 2008). The LiSN-
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689 264 HC condition was selected because it is considered the most realistic speech-in-noise scenario
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691 265 (Glyde et al., 2013). The initial unamplified target sentence was presented at 68 dB SPL and the
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693 266 masker at 61 dB SPL. Audibility was improved in each participant by modifying the signal
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695 267 according to the NAL-RP prescription (Byrne et al., 1990). The NAL-RP correction was applied to
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697 268 minimize a possible confound effect of varying audibility between the subjects. The sentences
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699 269 were presented binaurally through Sennheiser HD215 circumaural headphones (Sennheiser
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701 270 electronic GmbH & Co. KG, Wedemark, Germany).
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710 271 2.9. Data analysis

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712 272 Three statistical analyses were carried out in Matlab, using functions from the 'Statistics and
713 273 Machine Learning' toolbox. The level for statistical significance (p -value) was set at 0.05.

714
715 274 The first analysis aimed to evaluate the influence of LNE on the neural encoding of sounds at the
716 275 level of the cochlea and the brainstem. Analysis of ABR components in the electrode
717 276 configuration [Fz-Tp9/Tp10] was carried out through eight linear regression models [i.e., wave I
718 277 amplitude (A_I), wave III amplitude (A_{III}), wave V amplitude (A_V), the ratio between waves I and V
719 278 amplitudes (A_I/A_V), wave I latency (L_I), wave III latency (L_{III}), wave V latency (L_V), and the interpeak
720 279 latency between waves I and V (L_V-L_I)], considering LNE and gender as predictor variables. In
721 280 addition, A_I and L_I were also analysed in the electrode configuration [Fz-TIP]. Gender was
722 281 included as a predictor variable in these models to account for ABR components of greater
723 282 amplitudes and shorter latencies normally exhibited in females (Jerger and Hall, 1980; Trune et
724 283 al., 1988; Mitchell et al., 1989; Dehan and Jerger, 1990).

725 284 The second analysis aimed to evaluate the existence of central gain mechanisms in our human
726 285 cohort. To test the hypothesis that those with low wave I amplitudes would not show reduced
727 286 wave V amplitudes, we evaluated whether the wave V amplitude distribution in those with low
728 287 wave I amplitudes was different from the wave V amplitude distribution in the remaining
729 288 subjects. In addition, L_I , L_V , and L_V-L_I were also compared between the two groups. This analysis
730 289 was carried out on the [Fz-Tp9/Tp10] ABR signals. The two groups were formed by splitting the
731 290 sample at the 50th percentile of the wave I amplitude distribution, i.e. 0.1569 μ V. In addition, we
732 291 compared the waves I and V amplitude and latency distributions between the 'tinnitus' and
733 292 'non-tinnitus' groups in order to evaluate if subjects reporting tinnitus had active central gain
734 293 mechanisms. The group comparisons were tested using the two-sample t -test in cases where
735 294 data were normally distributed according to the Lilliefors normality test, and by the non-
736 295 parametric two-sample Wilcoxon sum rank test otherwise.

768
769 296 The purpose of the third analysis was to determine the influence of eight factors on the
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771 297 performance of understanding speech in noise. This was assessed by fitting a linear regression
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773 298 model with the LiSN-HC score as the dependent variable; and age, LNE, HL-LF, HL-HF, HL-EHF,
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775 299 attention measured through the TEA, L_V-L_I [Fz-Tp9/Tp10], A_I/A_V [Fz-Tp9/Tp10], and the
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777 300 interaction between L_V-L_I and A_I/A_V . Considering that L_V-L_I and A_I/A_V could have similar or
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779 301 interconnected underlying neural mechanisms, this interaction was included to investigate the
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781 302 influence of one on the other.
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783 784 303 **3. Results**

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787 304 The raw data of all analyses are available as supplementary material in appendix B and in
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789 305 comma-separated values format.
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791 792 306 3.1. Hearing thresholds and DPOAEs

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795 307 (Figure 1, double column)
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797 308 Eighty-four percent of participants had clinically normal audiometric thresholds, and 12% had
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799 309 near-normal hearing. The remaining 4% (participants #S09, #S64, and #S66) had only one or two
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801 310 thresholds slightly outside the inclusion criteria, and a decision was made to include them in the
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803 311 study. All participants showed symmetrical hearing, with no more than a 10 dB difference
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805 312 between the two ears, and we found no statistical difference in audiometric thresholds between
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807 313 males and females. Figure 1A shows the pure-tone audiometric threshold distributions at the
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809 314 test frequencies. The DP-Gram in figure 1B represent the mean and standard-error of the DPOAE
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811 315 amplitude and noise floor as a function of f_2 frequency. All participants had DPOAEs present at
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813 316 the test frequencies, thus indicating normal-functioning outer hair cells (OHC).
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816 317 3.2. Effects of lifetime noise exposure on the ABR morphology

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819 318 (Table 1, double column)
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822 319 (Figure 2, double column)
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828 320 The main components of ABR signals obtained with the electrode configurations [Fz-Tp9/Tp10]
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830 321 and [Fz-TIP] were evaluated in terms of LNE through a number of linear regression models,
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832 322 considering gender as a predictor variable. Table 1 shows the results of these models, most of
833
834 323 which were statistically significant, except for L_i [Fz-Tp9/Tp10] and for the relative measures
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836 324 A_i/A_v [Fz-Tp9/Tp10] and L_v-L_i [Fz-Tp9/Tp10]. In these models, absence of statistical significance
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838 325 indicates that the variability of the dependent variable was not explained by the predictor
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840 326 variables, thus no firm conclusions can be reached for these models. It is noteworthy that LNE
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842 327 was not a statistically significant predictor of A_i/A_v [Fz-Tp9/Tp10].
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845 328 The only dependent variable in which the effect of LNE was statistically significant was A_i [Fz-
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847 329 TIP], with an effect size of $-0.038 \mu\text{V}/\log_{10}\text{Pa}^2\text{h}$, p -value = 0.0266. In this model, the adjusted R^2
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849 330 indicates that only the 8.17% of the variability of A_i [Fz-TIP] was accounted for by the effects of
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851 331 LNE and gender. The effect of LNE on A_i [Fz-Tp9/Tp10] showed a trend consistent with A_i [Fz-
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853 332 TIP], but with a lower effect size that was not significant, i.e. $-0.021 \mu\text{V}/\log_{10}\text{Pa}^2\text{h}$, p -value =
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855 333 0.1051. Similarly, LNE showed a near-significant effect of $-0.043 \mu\text{V}/\log_{10}\text{Pa}^2\text{h}$ on the A_v [Fz-
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857 334 Tp9/Tp10], p -value = 0.0807.
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860 335 When we examined the grand-average ABR signals of participants with the lowest and highest
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862 336 levels of LNE (those below the 10th percentile and those above the 90th percentile respectively),
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864 337 one can see that those with lower LNE levels showed greater amplitudes in all ABR components
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866 338 than those with higher LNE levels (see figures 2A and 2B).
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869 339 Figures 2C and 2D show the raw and adjusted values (i.e., after compensating for the predicted
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871 340 effect of gender) of the amplitudes and latencies of the main ABR components against LNE. The
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873 341 slopes of the trends fitted to the adjusted values correspond to the effect sizes estimated in the
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875 342 linear regression models presented in table 1. The statistically significant correlation between A_i
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877 343 [Fz-TIP] and LNE is shown in the top panel of figure 2C.
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886
887 344 Table 1 also shows that overall (a) males presented ABR components of smaller amplitude and
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889 345 greater latency; and (b) L_I had similar mean values in the [Fz-TIP] and [Fz-Tp9/Tp10] electrode
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891 346 setups, but the mean A_I in [Fz-TIP] was larger than in [Fz-Tp9/Tp10].
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894 347 3.3. Evidence of central gain mechanisms and its relation with tinnitus

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897 348 (Figure 3, double column)

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899 349 Figure 3A shows the A_I , A_V and A_I/A_V distributions for the groups of subjects with a wave I
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901 350 amplitude lower (filled circles), and greater (empty circles), than the 50th percentile, i.e. 0.1569
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903 351 μV . By design, all A_I values were lower in the first group than in the second group, and yet we
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905 352 found no statistically significant differences between the A_V distributions of the two groups, p -
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907 353 value = 0.899. As a consequence, the A_I/A_V values were significantly lower in the low- A_I group,
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909 354 indicating the activation of central gain. The latency analysis showed that subjects with lower
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911 355 wave I amplitudes presented delayed L_I (mean latency 1.91 vs 1.81 ms, p -value = 0.019), but
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913 356 similar latencies for L_V (p -value = 0.524), and L_V-L_I (p -value = 0.587).
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917 357 Figure 3B shows the A_I , A_V and A_I/A_V distributions for the 'non-tinnitus' (filled circles) and
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919 358 'tinnitus' (empty circles) groups. This figure shows that the 'tinnitus' group presented a
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921 359 statistically significant lower A_I/A_V values than the 'non-tinnitus' group. The A_I and A_V
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923 360 distributions were similar between the two groups. In addition, there were no statistically
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925 361 significant differences between the two groups for (1) L_I (p -value=0.616), L_V (p -value=0.768), or
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927 362 L_V-L_I (p -value=0.957); and (2) for LNE (p -value=0.354), i.e. both the 'tinnitus' and 'non-tinnitus'
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929 363 groups presented similar LNE values.
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932 364 3.4. Factors influencing speech intelligibility in background noise

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935 365 (Table 2, single column)

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937 366 (Figure 4, single column)
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946 367 Table 2 presents the linear regression model for LiSN-HC test performance, with predictor
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948 368 variables: A_I/A_V , L_V-L_I , age, gender, LNE, HL-LF, HL-HF, HL-EHF, TEA, and an interaction between
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950 369 A_I/A_V and L_V-L_I . The model was statistically significant (p -value < 0.0001), indicating that
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952 370 approximately 40% of the variability of the LiSN-HC score (adjusted $R^2 = 41.80\%$) could be
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954 371 explained by the predictor variables. Of the predictors, four had no significant effect on the LiSN-
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956 372 HC score: age, LNE and mean audiometric thresholds at high and extended-high frequencies. In
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958 373 contrast, mean low-frequency thresholds were significant. For every 1 dB of HL-LF, performance
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960 374 on the LiSN-HC decreased by 0.231 dB. Attention was also a significant predictor of LiSN-HC,
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962 375 with better performance by those with higher scores on the TEA subtests. In addition, A_I/A_V and
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964 376 L_V-L_I each had a statistically significant effect on the LiSN-HC performance; and the significant
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966 377 interaction between A_I/A_V and L_V-L_I suggests that the effect of the interpeak latency on the LiSN-
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968 378 HC performance depends on the ratio of amplitudes, and vice versa.

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971 379 Figure 4 shows the combined effect of A_I/A_V and L_V-L_I on the LiSN-HC score. The LiSN-HC scores
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973 380 of four groups of subjects were categorized according to: (a) 'short L_V-L_I ' or 'long L_V-L_I ' relative
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975 381 to the median (i.e., 4.29 ms); and (b) 'high gain' or 'normal gain' relative to 0.43, which
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977 382 corresponds to the mean of the A_I/A_V median values for the 'non-tinnitus' group (median = 0.53)
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979 383 and 'tinnitus' group (median = 0.34) groups, where lower A_I/A_V values are an indicator of central
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981 384 gain activation or 'high gain'. This threshold was selected as an appropriate central-gain
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983 385 boundary between subjects with and without tinnitus. Since the LiSN-HC score distributions in
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985 386 the four groups of subjects were not normally distributed, they were compared using the non-
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987 387 parametric Kruskal-Wallis analysis of variance test, with the Tukey-Kramer correction for
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989 388 multiple comparisons. The results showed that when gain was 'normal', the effect of L_V-L_I on the
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991 389 LiSN-HC score was not significant. However, when the gain was 'high' (i.e., central gain
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993 390 mechanisms were active) the interpeak latency played a significant role in LiSN-HC performance.
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995 391 That is, those who performed worst on LiSN-HC test were those with both long interpeak
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997 392 latencies and high gain.
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1005 393 **4. Discussion**
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1007
1008 394 4.1. Evidence of noise-induced cochlear synaptopathy in humans
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1010 395 This study showed a statistically significant negative correlation between self-reported levels of
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1012 396 lifetime noise exposure and the amplitude of wave I of ABR signals evoked at a suprathreshold
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1014 397 level using a TIPtrode in the ear canal as the reference electrode, after compensating for the
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1016 398 predicted effect of gender. This result is consistent with the main hypothesis of the study, and
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1018 399 also accords with the well-established animal model in which noise exposure damages the
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1020 400 synaptic connections between IHCs and ANFs (Kujawa and Liberman, 2009; Liberman and
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1022 401 Kujawa, 2017), particularly those with LSR (Furman et al., 2013), thus providing some evidence
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1024 402 of cochlear synaptopathy in humans.
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1027 403 Despite the large degree of variation in A_1 across the sample (figure 2C), we observed that the
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1029 404 statistically significant effect of LNE on A_1 was moderate ($-0.038 \mu\text{V}/\log_{10}\text{Pa}^2\text{h}$, indicating an A_1
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1031 405 reduction of $0.133 \mu\text{V}$ (or a 43.66% reduction) across the range of LNE values observed, i.e. 1.43
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1033 406 $- 4.93 \log_{10}\text{Pa}^2\text{h}$). This moderate effect might be explained by a combination of several factors.
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1035 407 First, the highly variable levels, durations and energy distributions of humans' typical noise
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1037 408 exposures are very different to the highly controlled, narrow-band insults typically used in
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1039 409 animal studies (Hickox et al., 2017). Second, the auditory structures in humans are possibly more
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1041 410 robust to noise exposure than in rodents. Variation in inter-species susceptibility has been
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1043 411 demonstrated by Valero et al. (2017), who found that the sound pressure levels of the noise
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1045 412 needed to be 10-fold (20 dB) higher to produce a similar degree of cochlear synaptopathy in
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1047 413 primates when compared to rodents. Another possibility is that not all subjects are equally
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1049 414 susceptible to noise exposure, and therefore noise exposure would induce cochlear
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1051 415 synaptopathy only in certain individuals. It could also be possible that noise exposure induces
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1053 416 cochlear synaptopathy only in selected portions of the cochlea (Kujawa and Liberman, 2009;
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1055 417 Furman et al., 2013; Kujawa and Liberman, 2015), and therefore, the effect of cochlear
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1057 418 synaptopathy is obscured when ABRs are evoked by short-duration clicks, which present energy
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1064 419 in a broad range of frequency components. It is also plausible that synapses disrupted by noise
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1066 420 exposure partially repair, thus leading to partially-recovered wave I amplitudes, as has been
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1068 421 reported in guinea pigs (Shi et al., 2016a,b; Song et al., 2016). Moreover, it could be the case
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1070 422 that the LSR ANFs selectively targeted by noise exposure (Furman et al., 2013; Yin et al., 2014;
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1072 423 Liberman et al., 2015) contribute little to the A_i , as has been suggested by Bourien et al. (2014).
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1074 424 In this study, Mongolian gerbils and guinea pigs were infused with different doses of ouabain,
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1076 425 to which LSR ANFs are most vulnerable, and they found that LSR ANFs do not contribute to either
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1078 426 CAP threshold or amplitude, probably because of their lack of synchronization with the stimulus
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1080 427 and long first spike latency.

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1083 428 Although the negative effect of LNE on A_i provides some evidence of cochlear synaptopathy in
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1085 429 humans, there are two factors, which should be considered when interpreting this result. The
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1087 430 first factor refers to the degree of uncertainty in our data at the low LNE region. Although we
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1089 431 did attempt to recruit participants across a broad range of noise exposures, the actual spread of
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1091 432 LNE values across the range was not uniform. In particular, while 65 subjects presented LNE
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1093 433 values between 3 and 5 $\log_{10}\text{Pa}^2\text{h}$, only nine were in the low LNE range from 1 to 3 $\log_{10}\text{Pa}^2\text{h}$.
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1095 434 This lack of uniformity may have introduced a higher level of uncertainty in the low LNE region.
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1097 435 For example, if we exclude subject #S36 (50 yr, female) from the data analysis [#S36 is the
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1099 436 subject with the lowest level of LNE (1.43 $\log_{10}\text{Pa}^2\text{h}$) and the largest wave I amplitude (0.56 μV)],
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1101 437 the negative trend between LNE and A_i [Fz-TIP] becomes non-significant (-0.019 $\mu\text{V}/\log_{10}\text{Pa}^2\text{h}$,
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1103 438 p -value=0.278). The second factor refers to the possibility that OHC or IHC dysfunction may have
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1105 439 contributed to the observed trend (Dallos and Harris, 1978; Stebbins et al., 1979; Ohlms et al.,
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1107 440 1991; Qiu et al., 2000; Salvi et al., 2017). It is highly unlikely that OHC function played a major
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1109 441 role in the observed trend because we confirmed that mean audiometric thresholds and
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1111 442 averaged DPOAE levels at low-, high-, and extended-high frequencies did not have a significant
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1113 443 effect on A_i [Fz-TIP] (data not shown). However, the possibility that IHC dysfunction played a
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1115 444 role in the observed trend cannot be excluded because without histology, there is no way we
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445 can be certain that those with lower A_1 [Fz-TIP] have synaptopathy, IHC dysfunction, or a
446 combination of both. The results presented here contribute to the growing body of conflicting
447 evidence with regard to this phenomenon (supporting: Stamper and Johnson, 2015a,b; Bramhall
448 et al., 2017; and non-supporting: Fulbright et al., 2017; Grinn et al., 2017; Grose et al., 2017;
449 Prendergast et al., 2017). The different results obtained by the various groups might be
450 accounted for by several methodological factors. Firstly, the age of the participants varies
451 between studies. In previous studies the age range of the participants was 19-28 years (Stamper
452 and Johnson, 2015a,b), 19-35 years (Bramhall et al., 2017), 18-36 years (Prendergast et al.,
453 2017), 18-30 years (Fulbright et al., 2017), 18-35 years (Grose et al., 2017), and 21-27 years
454 (Grinn et al., 2017). In contrast, the age range in the present study was 29-55 years –
455 representing the first attempt to evaluate the impact of LNE on ABR morphology in older adults.
456 This age range was the result of a deliberate decision that took into account previous findings
457 suggesting that noise exposure may accelerate the degenerative effects of aging, possibly as a
458 result of several micro-lesions accumulated over the years (Kujawa and Liberman, 2006, 2015;
459 Fernandez et al., 2015). Thus, the effects of noise exposure on the human ABR morphology may
460 become more evident in participant groups of older age as seen here.

461 Another factor relates to the manner in which noise exposure was estimated in the various
462 studies. To date, the most efficient procedure used to evaluate human noise exposure is through
463 questionnaires, which are subject to individual bias and recall errors. The lack of standardization
464 in these questionnaires and the different timeframes they cover makes it difficult to compare
465 the results from different studies. For example, the retrospective noise survey used by Stamper
466 and Johnson (2015a,b) and Grinn et al. (2017) was the Noise Exposure Questionnaire, developed
467 by Megerson (2010), which estimates the amount of noise exposure in the previous year.
468 However, Bramhall et al. (2017), Prendergast et al. (2017) and the present study evaluated the
469 amount of noise exposure across the lifetime. Considering the effects of noise exposure being
470 cumulative, the longer the period in which noise exposure is evaluated, the more accurate the

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1182 471 estimate should be, thus a better estimate is likely when noise exposure is evaluated across the
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1184 472 lifetime.

1186 473 The inclusion of participants with a broad range of noise exposures is another critical factor. The
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1189 474 LNE range in this study was 1.43 to 4.93 $\log_{10}\text{Pa}^2\text{h}$, resulting in a spread of 3.5 $\log_{10}\text{Pa}^2\text{h}$. This
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1191 475 means that the participant with the highest LNE had more than 3000 times the noise exposure
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1193 476 of the participant with the lowest LNE. A significant effort was made in this study to recruit
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1195 477 participants with particularly low and high levels of noise exposures in order to obtain a wide
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1197 478 range of LNE. The LNE range in the present study was around 10-fold larger than in Prendergast
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1199 479 et al. (2017), where the reported noise exposures ranged from 0 to 2.5 $\log_{10}(\text{Energy})$; but
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1201 480 significantly lower than in Bramhall et al. (2017), in which control subjects and young military
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1203 481 veterans with firearm use reported noise exposures ranging from 3 to 18 $\log_{10}(\text{Energy})$.

1205 482 We also observed that using a TIPtrode in the ear canal as a reference enhanced the amplitude
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1208 483 of the ABR wave I, which seemed to improve the sensitivity of A_1 to LNE since the slope between
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1210 484 these two variables was steeper, and the correlation larger, when the TIPtrode was used as
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1212 485 reference compared to the mastoid electrode. This could be a consequence of the larger wave I
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1214 486 amplitudes obtained by the TIPtrode. This result is consistent with Stamper and Johnson
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1216 487 (2015a), who also found a steeper slope in the correlation between wave I amplitude and noise-
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1218 488 exposure background with the reference electrode placed in the tympanic membrane; and with
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1220 489 Fulbright et al. (2017), who found a reduced wave I amplitude in ABRs evoked by 4 kHz tone
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1222 490 burst in a subgroup of “high-risk” subjects reporting “sometimes”, “often”, or “always” having
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1224 491 auditory symptoms after exposure to noise, but only when the reference electrode was a
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1226 492 TIPtrode placed in the ear canal.

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1229 493 In addition, we used a large number of averaged sweeps in our stimulus sequence (10,000 after
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1231 494 artifact rejection) to ensure ABR signals of high quality. Taking into account that the signal-to-
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1233 495 noise ratio of AEPs increases by 3 dB for every doubling of averaged sweeps (Thornton, 2007),
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1235 496 the quality of the ABR signals in this study was approximately 4 dB greater than in Grose et al.

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1241 497 (2017) [4056 sweeps] and Stamper and Johnson (2015a,b) [4000 sweeps]; 7 dB greater than in
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1243 498 Fulbright et al. (2017) [2000 sweeps]; 10 dB greater than in Bramhall et al. (2017) [1000 sweeps];
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1245 499 and 13 dB greater than in Grinn et al. (2017) [500 sweeps]. Thus, the reduced levels of
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1247 500 electrophysiological noise in our ABR signals might have increased the precision of the latency
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1249 501 and amplitude estimates of the ABR components. In order to corroborate this point, we carried
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1251 502 out an analysis of the recorded electrophysiology noise, measured in terms of (1) RMS value in
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1253 503 the ABR signals and their pre-response baseline; and (2) Fsp, an objective indicator of neural
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1255 504 response detection (Elberling and Don, 1984) [data shown in supporting material, appendix C].
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1257 505 This analysis showed that because of the high Fsp and the low RMS values obtained in the pre-
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1259 506 response baseline, the amplitude and latency estimates were obtained from neural evoked
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1261 507 responses with low levels of electrophysiology noise.

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1265 508 The large number of stimuli used in our stimulus sequence could be presented within a
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1267 509 reasonable recording time by using a presentation rate of 39.1 stim/sec. This stimulus rate was
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1269 510 higher than in other studies (Bramhall et al., 2017: 11.1 stim/sec; Fulbright et al., 2017: 21.1
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1271 511 stim/sec; Grinn et al., 2017: 11.7 stim/sec; Grose et al., 2017: 7.7 stim/sec; Prendergast et al.,
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1273 512 2017: 11 stim/sec; Stamper and Johnson, 2015a,b: 11.3 stim/sec). However, it is plausible that
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1275 513 this higher stimulus rate might have led to a lower effect size of LNE on A_1 . This would be
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1277 514 expected, not only because A_1 values are typically larger using a presentation rate closer to 10
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1279 515 stim/sec (Lasky, 1997; Burkard and Sims, 2001; Liberman et al., 2016); but also because (a) LSR
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1281 516 fibers have a longer recovery time to prior stimulation than that of high-SR (HSR) fibers (>100
1282
1283 517 ms; Relkin and Doucet, 1991) and (b) a selective loss of LSR fibers yields a faster recovery of the
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1285 518 compound action potential (Schmiedt et al., 1996), thus hypothetically leading to an overall
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1287 519 lower contribution of LSR fibers to A_1 at higher presentation rates.

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1290 520 Taken together, the results of this paper along with those reported by similar studies point out
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1292 521 that while a trend correlating noise exposure and A_1 might be useful to understand the influence
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1294 522 of noise exposure on the integrity of the human auditory system at the level of the cochlea in a

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523 specific population of subjects, the large inter-subject variability in the A_1 measure, the potential
524 role of human bias on the amount of noise exposure estimated through questionnaires, the lack
525 of a significant link between LNE and speech-in-noise performance, and the possibility of
526 different individual susceptibility to noise exposure indicate that neither the estimate of noise
527 exposure or A_1 are meaningful indicators for diagnosing cochlear synaptopathy at an individual
528 level. It is likely that we will need a new research approach, which aims to determine the
529 particular profile of those at risk of noise-induced synaptopathy, rather than employing the
530 large-scale group-based methods which have been used in the studies published to date.

531 4.2. Are tinnitus and central gain activation a consequence of cochlear synaptopathy?

532 We investigated whether the activation of central gain mechanisms observed in animal studies
533 as a consequence of peripheral damage (Salvi et al., 2000; Sun et al., 2012; Chen et al., 2013;
534 Niu et al., 2013; Auerbach et al., 2014) were also present in humans. We observed that subjects
535 with low A_1 had similar A_v to the rest of the cohort. Assuming that A_1 serves as a reliable proxy
536 for cochlear synaptopathy, this result is consistent with the hypothesis of the central gain model,
537 in which central stages of the auditory system compensate for a loss of sensory input from the
538 cochlea (Auerbach et al., 2014; Chambers et al., 2016; Salvi et al., 2017).

539 An alternative explanation for this result is that the neural activity in the midbrain is independent
540 of activity in the auditory nerve, and therefore, no central gain mechanisms are involved.
541 Although possible, the fact that the midbrain is a neural station of the ascending auditory
542 pathway and the strong evidence of central gain mechanisms across several species of mammals
543 (Saunders et al. 1972; Lonsbury-Martin and Martin, 1981; Gerken et al., 1984; Popelar et al.,
544 1987; Salvi et al., 1990) suggest that this alternative explanation is highly unlikely.

545 This study also showed that subjects reporting tinnitus ‘frequently’ or ‘always or almost always’
546 presented statistically significant lower waves I-V amplitude ratios, thus supporting the notion
547 of tinnitus being associated with increased neural gain at the level of the brainstem. This result
548 is consistent with Schaette and McAlpine (2011), Gu et al. (2012), and Bramhall et al. (2018),

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549 who also found a significant difference in the waves I-V amplitude ratio in those subjects
550 reporting tinnitus. However, in contrast to these studies, we found no differences in the wave I
551 amplitude between the 'tinnitus' and 'non-tinnitus' groups nor a statistically significant
552 association between tinnitus and LNE, which impedes our ability to draw conclusions about
553 possible lines of causality between tinnitus and LNE or cochlear synaptopathy.

554 Additionally, in contrast to our initial hypothesis, no relationship was found between LNE and
555 activation of central gain mechanisms, measured in terms of A_I/A_V . These results concur with
556 previous studies in which A_I/A_V was also shown to be unrelated to LNE in young adults with
557 varying noise exposures (Prendergast et al., 2017) and those with and without tinnitus (Guest et
558 al., 2017), but they are in contrast to the underlying theory of central gain and tinnitus being
559 triggered by excessive noise exposure (Sun et al., 2012; Niu et al., 2013; Auerbach et al., 2014;
560 Hesse et al., 2016; Bramhall et al., 2017,2018; Moore et al., 2017).

561 Although this study provides some evidence that the central gain mechanisms observed in
562 animal studies might also be present in humans, and that the activation of these central gain
563 mechanisms might induce tinnitus, the question of whether tinnitus and central gain
564 mechanisms in humans are activated by accumulated noise exposure and cochlear
565 synaptopathy remains unanswered. It might be the case that noise exposure reduces wave I
566 amplitude, and reduced wave I amplitude activates a central gain, but the variation in the
567 manifestation of noise exposure effects in individuals prevents a relationship between noise
568 exposure and central gain or tinnitus being observed.

569 4.3. Peripheral and central factors influencing speech intelligibility

570 This study revealed no significant correlation between LNE and scores on the LiSN-HC test.
571 Although this result was counter to the initial hypothesis of the study, it was not totally
572 unexpected considering that about 92% of the participants also participated in the larger-study
573 that also showed no clear link between participants' LNE and performance on a range of speech-
574 in-noise and other auditory tasks (Yeend et al., 2017). This lack of association between LNE and

1417
1418 575 speech-in-noise performance also concurs with Grose et al. (2017), who reported no behavioural
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1420 576 effects of noise exposure despite finding differences in the auditory brainstem responses of a
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1422 577 group of young adults who regularly attended loud music venues vs an age-matched control
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1424 578 group without such a history. It may be that LNE induces a relatively mild cochlear synaptopathy
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1426 579 in humans that is compensated for in latter stages of the auditory pathway either by central gain
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1428 580 or other neural reorganization (Auerbach et al., 2014; Chambers et al., 2016). Another possibility
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1430 581 is that the effect of LNE in understanding speech in noise is not as important relative to cognitive
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1432 582 processes which are also involved in this complex task, such as attention (p -value = 0.0098) and
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1434 583 other factors not considered here, such as language proficiency, working memory, motivation,
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1436 584 noise suppression, etc. (Mayo et al., 1997; Fraser et al., 2010; Rönnberg et al., 2010; Yeend et
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1438 585 al., 2017).

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1441 586 Clearly further research is required to clarify the relative impact of LNE on an individual's speech-
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1443 587 in-noise performance. Taking into account that a moderate effect of LNE on A_1 was observed in
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1445 588 the present study, possibly as a result of mild cochlear synaptopathy, it is reasonable to suppose
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1447 589 that more pronounced effects of LNE on human hearing and speech understanding might be
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1449 590 expected in (a) populations of more advanced age (greater than 55) as a consequence of
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1451 591 accumulated effects across years; and (b) target groups who are frequently exposed to lengthy
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1453 592 and very high doses of noise exposure, such as lifelong factory workers or veterans with a
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1455 593 significant history of firearm use.

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1458 594 This analysis also showed that low-frequency hearing thresholds (i.e., [0.25-2] kHz) play an
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1460 595 important role in understanding speech in noise. This result is consistent with Glyde et al. (2013),
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1462 596 who carried out a study with 80 participants (aged 7-89 years) with a broad range of audiometric
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1464 597 thresholds, and found a strong relationship between the four-frequency average hearing loss
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1466 598 (calculated as the average hearing threshold at 250, 500, 1000, 2000, 4000 and 8000 Hz) and
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1468 599 performance on the high-cue condition of the LiSN-S test (p -value < 0.001, R^2 = 0.82).

1476
1477 600 The results of this analysis also suggest that selective attention and attention switching are
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1479 601 crucial factors in speech-in-noise perception. On average, subjects with a better score on the
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1481 602 test of everyday attention achieved a better performance on the LiSN-HC test. This result is
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1483 603 consistent with Yeend et al. (2017), and with numerous studies that have reported attention as
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1485 604 a key cognitive factor influencing speech-in-noise performance (Schvartz et al., 2008; Mattys et
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1487 605 al., 2012; Wild et al., 2012).

1489
1490 606 Our analysis showed that age was not a significant factor in speech-in-noise performance. This
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1492 607 is not surprising since Moore et al. (2014) found in a large scale study that speech reception
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1494 608 thresholds increased (performance worsened) exponentially with age, but only from around 50
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1496 609 years. In line with this, Glyde et al. (2013) found that LiSN-HC performance improved from 8 to
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1498 610 30 years, was relatively stable between 30 and 60 years, and progressively declined from 60
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1500 611 years onwards. Since the age range in our study (29-55 years) is in the plateau section of the
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1502 612 aforementioned trends, age differences do not contribute to the variability observed in LiSN-HC
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1504 613 performance.

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1507 614 Finally, this study showed that central gain and the speed of brainstem neural conduction –
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1509 615 measured in terms of waves I and V interpeak latency (Jonquieres et al., 2014; Stange-Marten
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1511 616 et al., 2017), are important predictors of the ability to perceive speech in noise. In particular, we
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1513 617 found that longer L_V-L_I was associated with poorer LiSN-HC scores, especially when central gain
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1515 618 was active, i.e. A_I/A_V was low. Consistent with this result, Anderson et al. (2013) also found that
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1517 619 the offset latency of complex-ABRs negatively correlated with the Speech, Spatial, and Qualities
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1519 620 of Hearing Scale (Gatehouse and Noble, 2004), i.e. longer offset latencies were associated with
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1521 621 poorer self-reported speech-in-noise performance.

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1524 622 One possible reason for these results could be different levels of hypomyelination of spiral
1525
1526 623 ganglion nerves and medial olivocochlear efferents (Eggermont and Don, 1986; Moore and
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1528 624 Linthicum, 2001), driven by either Schwann cell loss, damage, or incomplete repair (Kuwabara
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1530 625 and Yuki, 2013; Kremer et al., 2016). Indeed, it has been shown that auditory nerve

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1536 626 demyelination could cause effects similar to those expected from noise-induced cochlear
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1538 627 synaptopathy (Wan and Corfas, 2017). In this study, Schwann and satellite cells of the spiral
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1540 628 ganglion nerve fibers of mice were selectively ablated, leaving ANFs practically unmyelinated.
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1542 629 Four months after the injury, Schwann cells completely regenerated, leading to fibres with
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1544 630 normal axon calibre and myelin thickness. However, suprathreshold ABR waves I showed a
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1546 631 permanent decrease in the amplitude (around 25% reduction) and increase in the latency
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1548 632 (around 1 ms delay), while ABR- and DPOAE-thresholds were not affected. The authors
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1550 633 concluded that noise-induced cochlear synaptopathy and demyelination are different processes
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1552 634 that could coexist, and result in similar outcomes. The increased latency derived from an
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1554 635 incomplete repair of Schwann cell ablation could compromise the temporal precision needed to
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1556 636 detect microsecond-order differences in the arrival of low frequency sounds at the two ears
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1558 637 (interaural time differences) in the medial superior olive (Brand et al., 2002; Grothe et al., 2010;
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1561 638 Golding and Oertel, 2012; Ford et al., 2015; Stange-Marten et al., 2017). This process underpins
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1563 639 the ability to localize sound sources and is important in spatial hearing when separating a target
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1565 640 source from noise distractors (Grothe, 2003; Hawley et al., 2004; Swaminathan et al., 2016).
1566
1567 641 At the same time, a central gain mechanism may also be active, in which an increase in the
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1569 642 neural activity of central stages of the auditory pathway, like the midbrain and the auditory
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1571 643 cortex, compensates for a reduced input from the cochlea (Auerbach et al., 2014; Salvi et al.,
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1573 644 2017). Chambers et al. (2016) found that activation of these mechanisms helps restore, and even
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1575 645 enhance, the encoding of rudimentary sound features of the stimulus, like sound level and
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1577 646 frequency; but not features associated with precise spike timing, like speech or modulated
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1579 647 noise. In the present study, we showed that central gain modulates the influence of delayed
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1581 648 brainstem conduction (i.e., longer latencies) on speech-in-noise intelligibility. When central gain
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1583 649 mechanisms were active, subjects with faster brainstem conduction benefit from this enhanced
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1585 650 neural activity, however, for those with long brainstem conduction delays, central gain
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1587 651 activation increased the negative effect on speech-in-noise performance. To the best of our
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1595 652 knowledge, this study shows for the first time the interactive roles of central gain and brainstem
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1597 653 neural conduction speed in speech-in-noise intelligibility performance.
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1600 654 4.4. Conclusion

1602 655 This paper aimed to evaluate, in a large cohort of middle-age adults, the influence of LNE on
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1604 656 (a) ABRs evoked at a suprathreshold level and (b) speech intelligibility performance in
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1606 657 background noise. Our results showed (a) a statistically significant, negative association between
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1608 658 LNE and the A_1 measured on the [Fz-TIP] channel; (b) that central gain mechanisms observed in
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1610 659 animal studies might also occur in humans; (c) an association between tinnitus and central gain;
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1612 660 and (d) an interactive effect of central gain and brainstem neural conduction speed on speech-
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1614 661 in-noise performance. Although this paper does provide some evidence that noise-induced
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1616 662 cochlear synaptopathy, as reported in animal studies, is also present in humans, the overriding
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1618 663 conclusion to be drawn from this work is that the effect of noise exposure on the neural
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1620 664 structures of the auditory system and speech-in-noise performance is neither systematic nor
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1622 665 predictable. It is not the case that all subjects with higher doses of noise exposure will have low
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1624 666 wave I amplitudes, central gain activation, or poor speech-in-noise performance. Rather, our
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1626 667 data reveal large inter-subject variability in both susceptibility to noise and its manifestations.
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1628 668 Our results also imply that wherever possible, cochlear synaptopathy and associated central gain
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1630 669 activation should be considered in a holistic context that takes into account other important
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1632 670 factors that play a role in speech-in-noise understanding, such as attention. When considered
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1634 671 more broadly, it may well be that the relative effects of cochlear synaptopathy on human
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1636 672 hearing turn out to be not quite as pronounced as first thought.
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682 **Appendix**

683 Supplementary material related to this article can be found at [URL].

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1008 **Figure legends**

- 1009 • Figure 1. [A] Pure-tone audiometry threshold distributions in the test ear at the frequencies
1010 0.25, 0.50, 1, 2, 3, 4, 6, 8, 9, 10, 11.25, and 12.5 kHz. Boxplots indicate the minimum value,
1011 the 25th percentile, the median, the 75th percentile, and the maximum value of each
1012 distribution. The limits for normal hearing and near-normal hearing are also plotted in the
1013 figure. [B] Mean (standard error in errorbars) of the DPOAE response and noise floor at
1014 different f_2 frequencies.
- 1015 • Figure 2. (Color online) [A,B] Grand-average ABR signals of the group of participants with
1016 10% lower (continuous line) and 10% higher (dashed line) LNE values for the [Fz-Tp9/Tp10]
1017 and [Fz-TIP] electrode configurations. [C,D] Raw and adjusted individual data of amplitudes
1018 and latencies of the main ABR components versus LNE. Adjusted values show the raw data
1019 after compensating for the predicted effect of gender. The slopes of the regression lines and
1020 p -values fitted to the adjusted data correspond, respectively, to the estimated effect size
1021 and p -value in the linear regression models shown in table 1.
- 1022 • Figure 3. (Color online) [A] Evidence of central gain: The 50% of participants with lower A_I
1023 (filled circles) presented a similar A_V distribution compared to the 50% of participants with
1024 larger A_I (empty circles). [B] Subjects reporting tinnitus had active central gain mechanisms:
1025 the 'tinnitus' group (empty circles) had lower A_I/A_V values than the 'non-tinnitus' group
1026 (filled circles), but similar A_I and A_V values.
- 1027 • Figure 4. Combined effect of A_I/A_V and L_V-L_I on the LiSN-HC score. This figure shows the LiSN-
1028 HC distributions for subjects categorized according to their waves I-V interpeak latency
1029 (shorter or longer than the median value of the distribution, i.e. 4.29 ms) and amplitude
1030 ratio ('low gain' for those with $A_I/A_V < 0.43$, i.e. the mean of the A_I/A_V median values for the
1031 'non-tinnitus' and 'tinnitus' groups; 'high gain' otherwise). Subjects presenting longer
1032 interpeak latencies and active central gain mechanisms performed worst on the LiSN-HC
1033 test.

1035 **Tables**

1036 Table 1. Linear regression models for the amplitude of wave I (A_I), amplitude of wave III (A_{III}),
 1037 amplitude of wave V (A_V), the amplitude ratio of waves I and V (A_I/A_V), the latency of wave I (L_I),
 1038 the latency of wave III (L_{III}), the latency of wave V (L_V), and the waves I-V interpeak latency (L_V -
 1039 L_I). The models show: (column 2) the mean and standard deviation (SD) in parentheses; (columns
 1040 3-5) the effect size \pm 95% confidence interval [p -value] for the intercept and the predictor
 1041 variables gender and lifetime noise exposure (LNE); (columns 6-10) the number of observations
 1042 (N), the root mean squared error (RMSE), the coefficient of determination (R^2), the adjusted R^2 ,
 1043 and the p -value of the model.

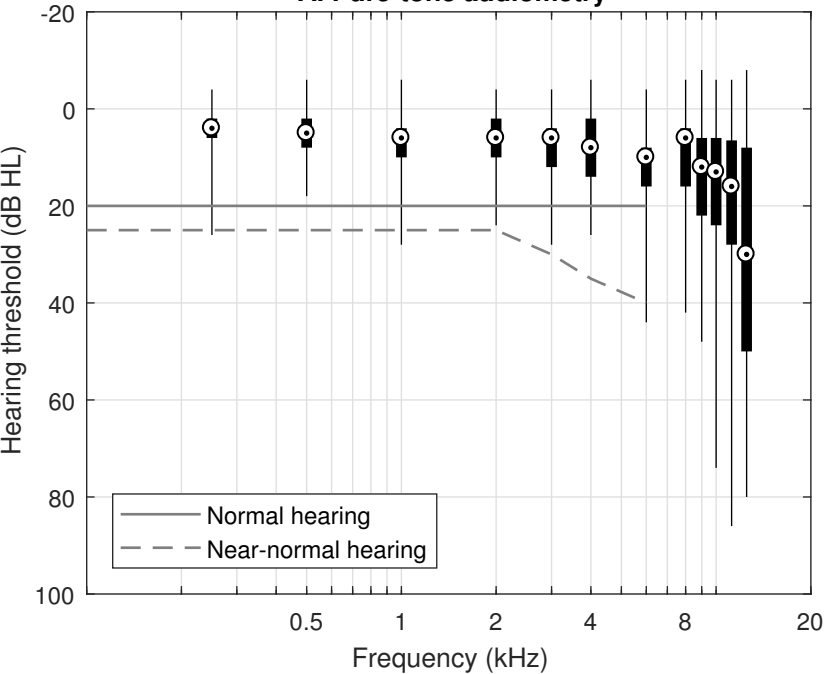
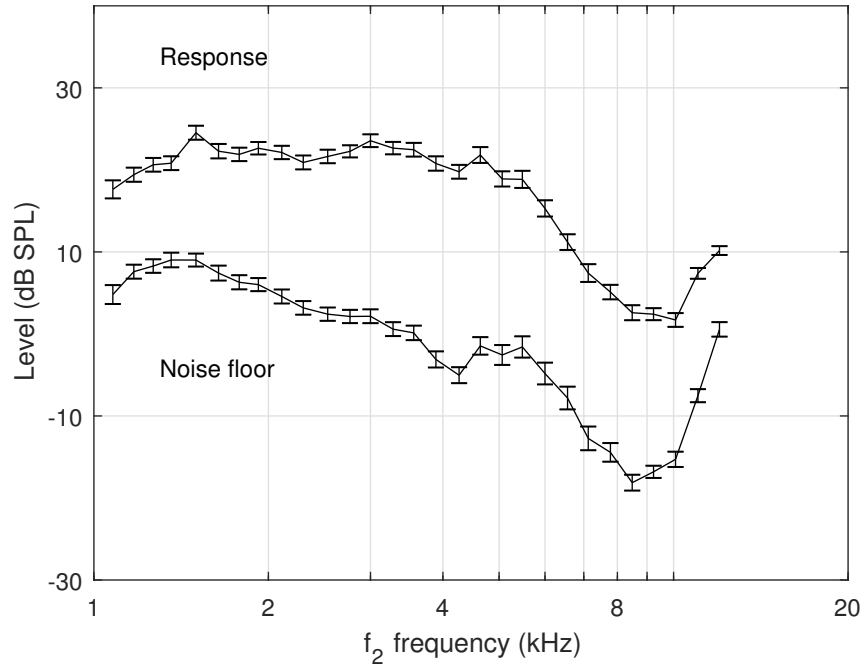
	Mean (SD)	(Intercept)	Males	LNE	N	RMSE	R^2	Adjusted R^2	p -value
A_I [Fz-TIP]	0.222 (0.012) μ V	0.375 \pm 0.121 μ V [<0.0001]	-0.033 \pm 0.045 μ V [0.1449]	-0.038 \pm 0.033 μ V/ \log_{10} Pa ² h [0.0266]	70	0.0933 μ V	0.1083	0.0817	0.0215
A_I [Fz- Tp9/Tp10]	0.168 (0.009) μ V	0.268 \pm 0.093 μ V [<0.0001]	-0.051 \pm 0.035 μ V [0.0049]	-0.021 \pm 0.026 μ V/ \log_{10} Pa ² h [0.1051]	68	0.0714 μ V	0.1574	0.1314	0.0038
A_{III} [Fz- Tp9/Tp10]	0.218 (0.013) μ V	0.339 \pm 0.140 μ V [<0.0001]	-0.056 \pm 0.052 μ V [0.0354]	-0.026 \pm 0.039 μ V/ \log_{10} Pa ² h [0.1767]	70	0.1077 μ V	0.0957	0.0687	0.0344
A_V [Fz- Tp9/Tp10]	0.343 (0.016) μ V	0.528 \pm 0.177 μ V [<0.0001]	-0.058 \pm 0.063 μ V [0.0692]	-0.043 \pm 0.048 μ V/ \log_{10} Pa ² h [0.0807]	67	0.1284 μ V	0.0997	0.0716	0.0347
A_I / A_V [Fz- Tp9/Tp10]	0.538 (0.035)	0.421 \pm 0.391 [0.0353]	-0.069 \pm 0.142 [0.3356]	0.043 \pm 0.107 1/ \log_{10} Pa ² h [0.4283]	64	0.2833	0.0236	-0.0084	0.4820
L_I [Fz-TIP]	1.894 (0.020) ms	1.730 \pm 0.208 ms [<0.0001]	0.114 \pm 0.077 ms [0.0044]	0.030 \pm 0.057 ms/ \log_{10} Pa ² h [0.3002]	70	0.1603 ms	0.1361	0.1103	0.0074
L_I [Fz- Tp9/Tp10]	1.862 (0.020) ms	1.683 \pm 0.210 ms [<0.0001]	0.068 \pm 0.079 ms [0.0898]	0.041 \pm 0.058 ms/ \log_{10} Pa ² h [0.1602]	68	0.1617 ms	0.0776	0.0492	0.0724
L_{III} [Fz- Tp9/Tp10]	4.132 (0.028) ms	3.934 \pm 0.271 ms [<0.0001]	0.198 \pm 0.100 ms [0.0002]	0.029 \pm 0.075 ms/ \log_{10} Pa ² h [0.4478]	70	0.2093 ms	0.2006	0.1767	0.0006
L_V [Fz- Tp9/Tp10]	6.127 (0.031) ms	6.037 \pm 0.319 ms [<0.0001]	0.200 \pm 0.117 ms [0.0011]	-0.002 \pm 0.088 ms/ \log_{10} Pa ² h [0.9591]	71	0.2464 ms	0.1469	0.1218	0.0045
$L_V - L_I$ [Fz- Tp9/Tp10]	4.255 (0.028) ms	4.369 \pm 0.291 ms [<0.0001]	0.115 \pm 0.109 ms [0.0383]	-0.048 \pm 0.080 ms/ \log_{10} Pa ² h [0.2364]	68	0.2239 ms	0.0778	0.0495	0.0718

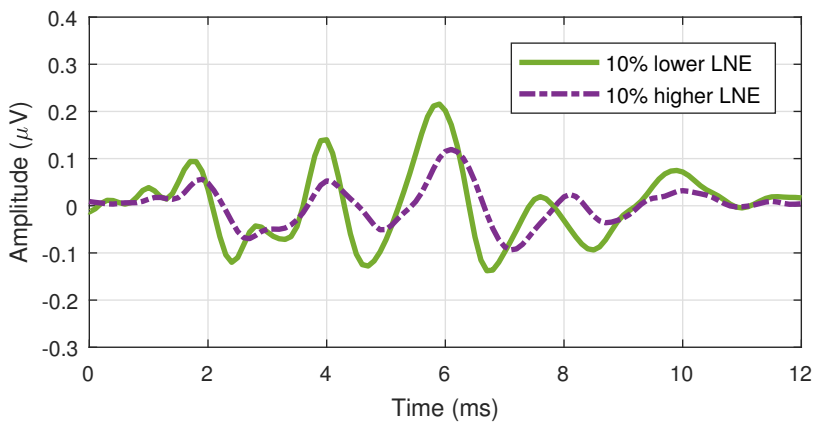
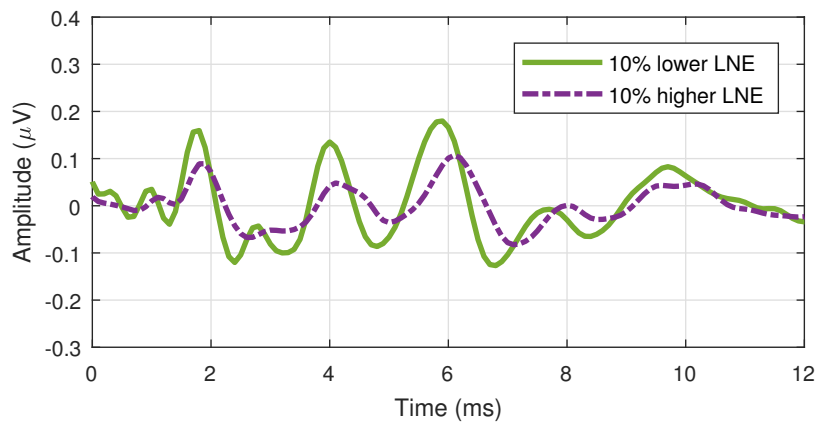
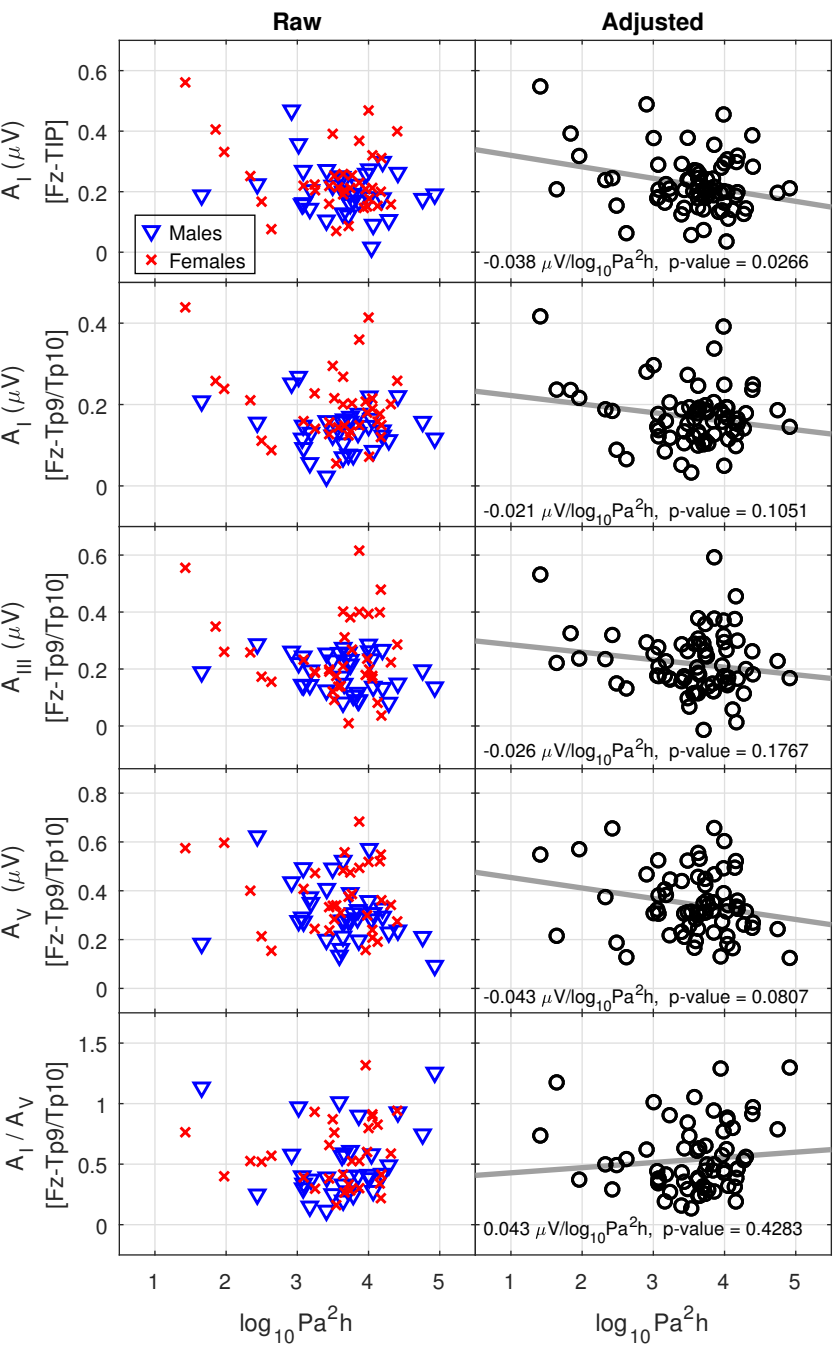
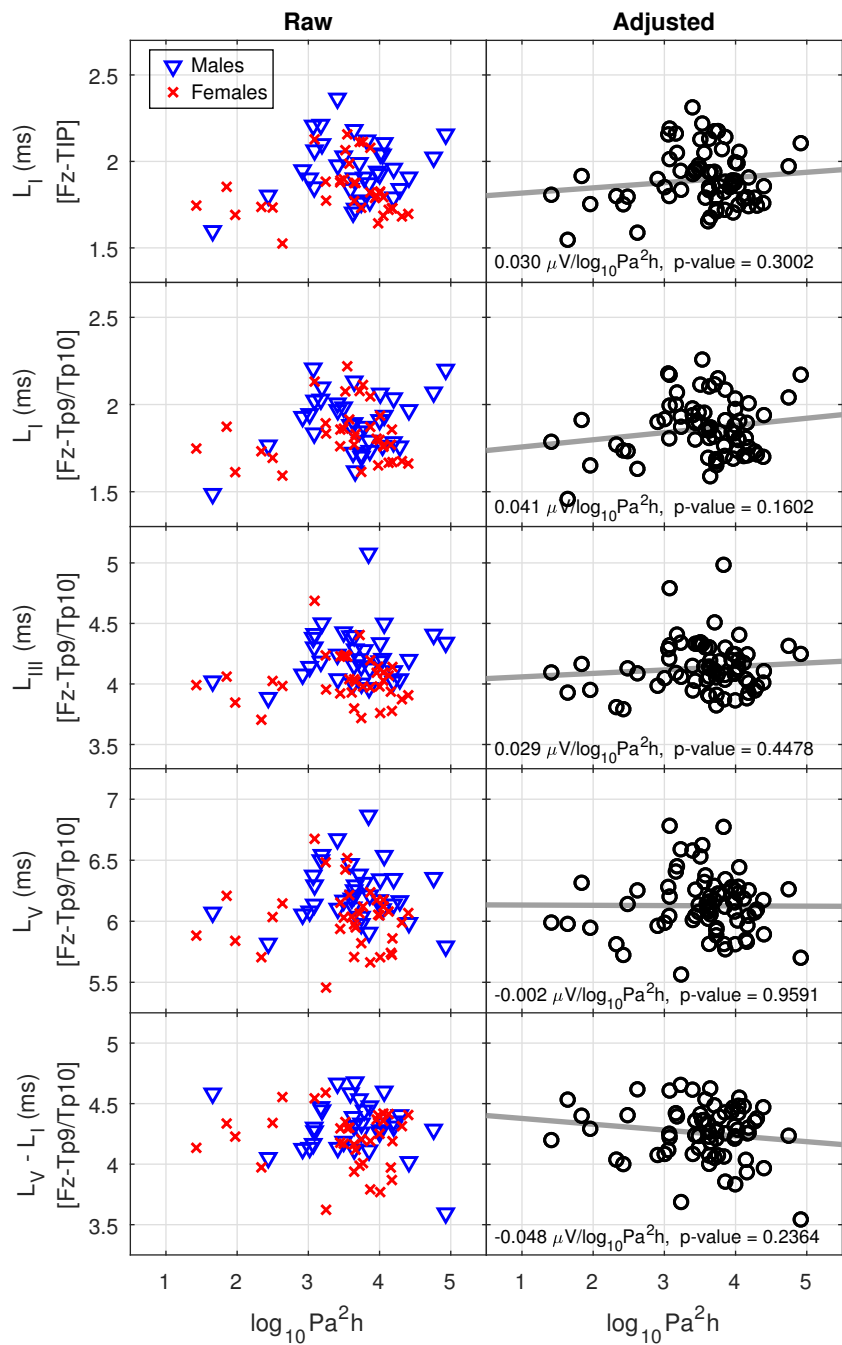
1045 Table 2. Linear regression model for LiSN-HC test performance (in dB). The table shows (rows 2-
 1046 11) the effect size \pm 95% confidence interval [*p*-value] for the intercept and the predictor
 1047 variables: A_I/A_V , L_V-L_I , age, lifetime noise exposure (LNE), hearing loss in low frequencies (HL-LF),
 1048 in high frequencies (HL-HF), and in extended-high frequencies (HL-EHF), the score on the test of
 1049 everyday attention (TEA), and the interaction between A_I/A_V and L_V-L_I ($A_I/A_V:L_V-L_I$); (rows 12-16)
 1050 the number of observations (N), the root mean squared error (RMSE), the coefficient of
 1051 determination (R^2), the adjusted R^2 , and the *p*-value of the model.

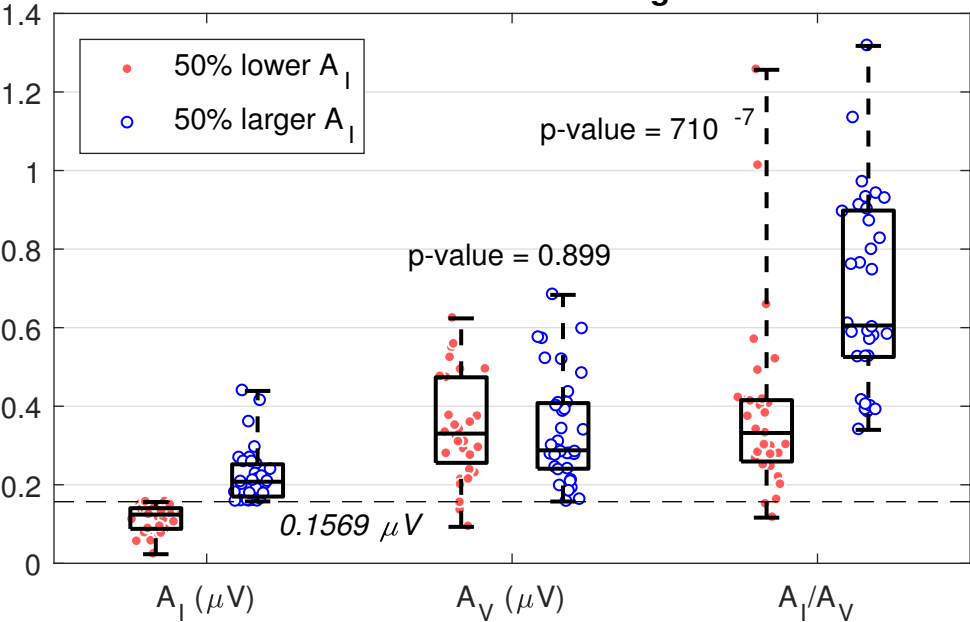
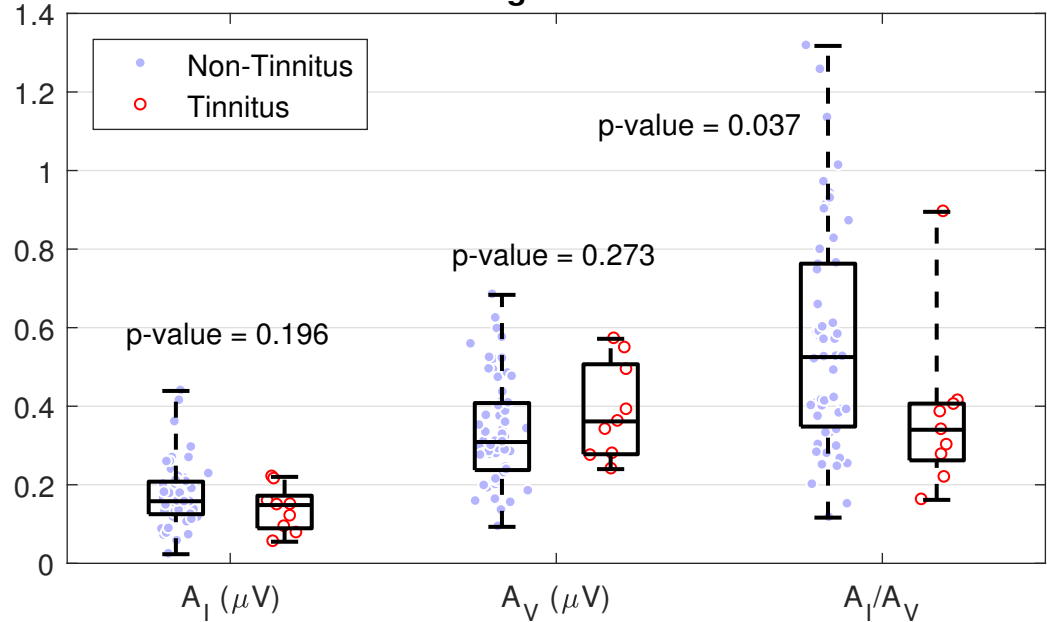
	LiSN-HC
(Intercept)	-54.701 \pm 21.149 dB [<0.0001]
A_I/A_V	39.213 \pm 30.992 dB [0.0141]
L_V-L_I	8.630 \pm 5.192 dB/ms [0.0016]
Age	-0.010 \pm 0.096 dB/year [0.8418]
LNE	-0.370 \pm 0.906 dB/ \log_{10} Pa ² h[0.4159]
HL-LF	0.231 \pm 0.147 dB/dB HL [0.0027]
HL-HF	0.041 \pm 0.105 dB/dB HL [0.4403]
HL-EHF	0.029 \pm 0.040 dB/dB HL [0.1557]
TEA	-0.380 \pm 0.284 dB [0.0098]
$A_I/A_V : L_V-L_I$	-9.174 \pm 7.259 dB/ms [0.0142]
N	64
RMSE	2.2019
R^2	0.5011
Adjusted R^2	0.4180
<i>p</i>-value	<0.0001

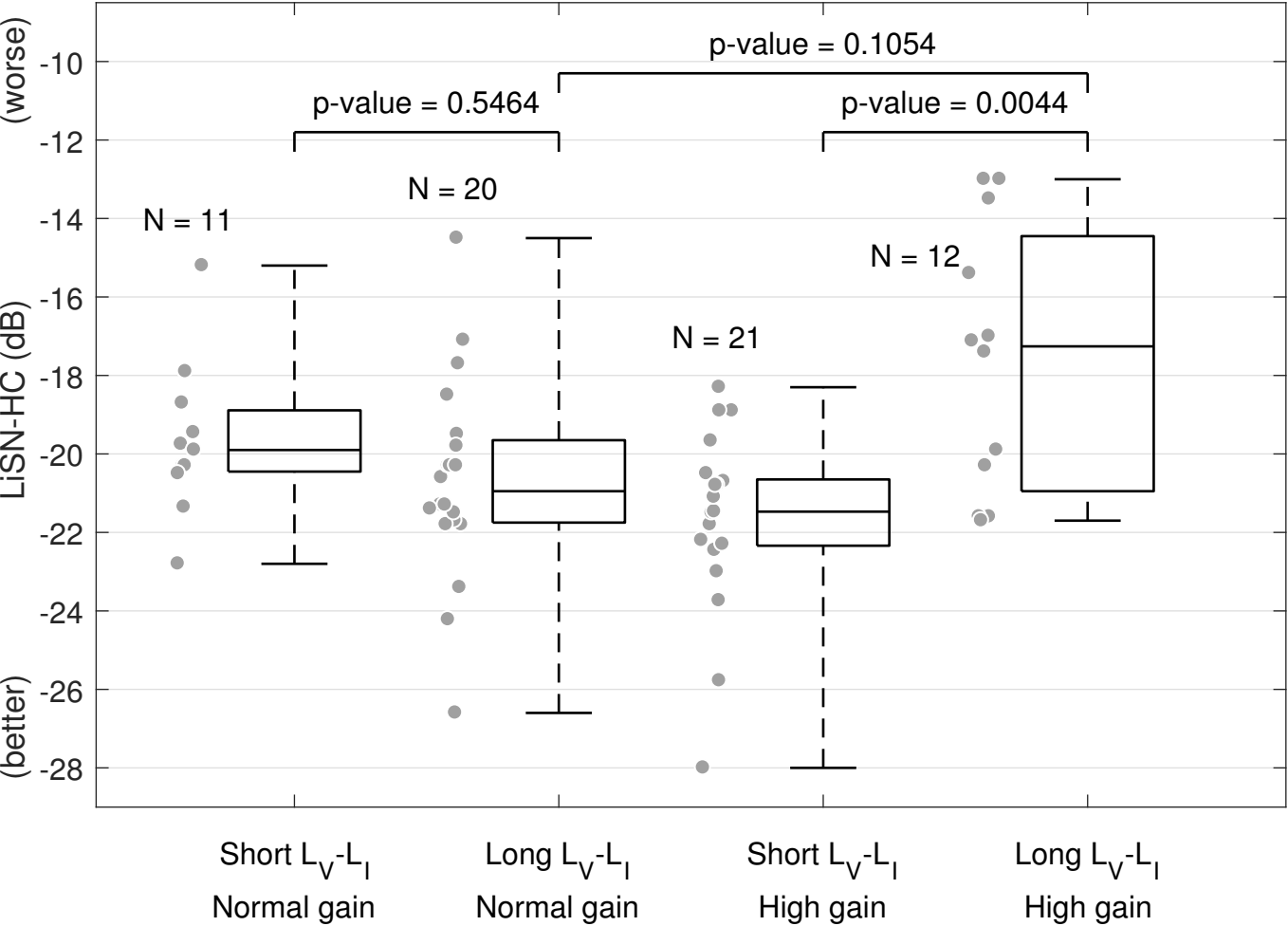
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A. Pure-tone audiometry**B. DP-Gram**

A. Grand-average ABR [Fz-Tp9/Tp10]**B. Grand-average ABR [Fz-TIP]****C. Amplitudes vs Lifetime noise exposure****D. Latencies vs Lifetime noise exposure**

A. Evidence of central gain**B. Central gain and tinnitus**



[Supporting information] Effects of lifetime noise exposure on the human auditory brainstem response and speech intelligibility

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B Raw data	13
C Noise-level in ABR signals	15

A Online survey

Below is the online survey that participants completed prior attending the laboratory test session. This survey covers questions about demographics, hearing health, lifetime noise exposure, listening ability, and musical training.

Online Early Indicators of Noise Injury Survey

Welcome to the NAL Survey on Hearing, Noise, and Music. This survey is in five parts and will take you around 20-30 minutes to complete:

1. About You
2. Your Hearing
3. Listening and Hearing
4. Your Noise Exposure
5. You and Music

Please complete all questions as accurately as you can. In the **Your Noise Exposure** section, you will be asked to estimate your participation in various activities throughout your lifetime. We understand that no-one has a perfect memory but please give your best estimate.

Be assured that your personal information and any data collected as part of the research project will be treated as strictly confidential. Any data released or referred to in scientific reports or publications will be de-identified and contain no personal information. NAL will not release your personal information either verbally or in writing to any individual or outside agency without your written consent.

ABOUT YOU

Are you

- Female Male Indeterminate/intersex/unspecified

How old are you?

Do you speak a language other than English?

- No, English only
 Yes, Italian
 Yes, Greek
 Yes, Cantonese
 Yes, Arabic
 Yes, Vietnamese
 Yes, Mandarin
 Yes, other (please specify):

What is the postcode of the suburb you live in?

What is the highest level of education that you have completed?

- Primary school
 Secondary school up to Year 10 (or equivalent)
 Secondary school up to Year 12 (or equivalent)
 Trade or technical qualification
 Undergraduate university degree
 Postgraduate university degree

Select the option that best describes your current job

- Community/personal worker
 Clerical/administrative worker
 Labourer
 Machinery operator/driver
 Manager
 Professional
 Sales worker
 Technician/trade worker

- Student
- Full time home duties
- Retired
- Currently not working

If you are studying and/or working, please select as many options as appropriate to describe your current arrangements. If not, please select 'Not applicable'.

- Working full-time
- Working part-time
- Studying full-time
- Studying part-time
- Not applicable - I am not working or studying right now

In your current or past jobs, have you been in contact with chemicals such as solvents, paints, degreasers, jet fuels, gasoline, or cleaning fluids?

- No
- I don't know
- Yes, please describe:

In general, would you say your health is

- Excellent
- Very good
- Good
- Fair
- Poor

Please indicate which of the following best describes your usual level of leisure activity in the past 12 months:

- Reading, watching television, or engaging in sedentary activities
- At least 4 hours a week walking, bicycling, or engaging in other types of physical activity
- At least 4 hours a week exercising to keep fit and participating in recreational athletics
- Regular, vigorous training or participating in competitive sports several times a week

When you have free time, do you:

- almost always prefer to do something with others
- usually prefer to do something with others
- sometimes like to be with others but also enjoy spending time by yourself
- usually prefer to spend time alone
- almost always prefer to spend time alone

When you were at school did you have any difficulties with reading or literacy?

- Yes, please describe:
- No

Have you participated in any research studies or other activities that involved auditory, psychoacoustic or hearing tasks?

- Yes, please describe:
- No

Is there any history of hearing loss amongst your siblings, parents or grandparents?

- No
- I don't know
- Yes, please describe:

Which hand do you use for writing and other hand-related activities?

- Left hand
- Right hand
- Both hands

YOUR HEARING

Do you, or other people, notice any problems with your hearing?

- Yes, please describe:
- No
- I don't know

Have you had a hearing test/s in the past and if so, what was the most recent result?

- Yes, normal hearing in both ears
- Yes, hearing loss in one ear
- Yes, hearing loss in both ears
- Yes, but I don't know the result
- No, I have not had a hearing test

Would you say that you are particularly sensitive to loud sounds?

- Yes, please describe:
- No

Have you ever noticed that your hearing was dull or impaired after exposure to loud sound?

- Yes, please describe:
- No

Have you ever been exposed to any sudden, very loud sound, e.g., an explosion or gunshot?

- Yes, please describe:
- No

Tinnitus is defined as any sound that a person can hear internally that is not present externally. It may be heard as a buzzing, ringing, whistling, hissing or pulsing sound. Have you ever experienced tinnitus?

- Never or almost never
- Occasionally
- Sometimes
- Frequently
- Always or almost always
- Unsure

[Note: The next three questions were displayed only if respondent reported at least occasional tinnitus in the previous question]

Where do you hear the tinnitus?

- Left ear only
- Right ear only
- Both ears
- In my head

Below are some statements relating to your tinnitus. Please read each statement and indicate whether you agree or disagree with it by selecting the appropriate option on the scale [Note: this was shown in a table format with the six statements below].

strongly disagree / disagree / neither agree nor disagree / agree / strongly agree
1 2 3 4 5

- My tinnitus makes it uncomfortable to be in a quiet room.**
- I can easily ignore my tinnitus when it is present.**
- My tinnitus makes it difficult to concentrate.**
- My tinnitus rarely interferes with sleep.**
- My tinnitus is more noticeable than usual after I've been in a noisy environment.**
- My tinnitus interferes with my overall enjoyment of life.**

LISTENING and HEARING

[Note: These questions were taken from the SSQ12 (Gatehouse and Noble 2004)]

Now we are going to ask 12 questions about aspects of your ability and experience hearing and listening in different situations.

For each question, the scale runs from 0 through to 10. Selecting 10 means that you would be perfectly able to do or experience what is described in the question. Selecting 0 means that you would be quite unable to do or experience what is described. *[Note: the scale was 0-10 in 0.5 steps for all 12 questions]*

For example, the first question asks about having a conversation with someone while the TV is on at the same time. If you are well able to do this then select a button toward the right-hand end of the scale. If you could follow about half the conversation in this situation select a button around the mid-point, and so on.

We expect that all the questions are relevant to your everyday experience, but if a question describes a situation that does not apply to you select the "Not applicable" button. Please also explain why it does not apply in your case in the comments box.

[Note: The scale below was used for the 10 questions listed below].

Not at all Perfectly
() 0 _____ () 10 () N/A

Comments:

- You are talking with one other person and there is a TV on in the same room. Without turning the TV down, can you follow what the person you're talking to says?**
- You are listening to someone talking to you, while at the same time trying to follow the news on TV. Can you follow what both people are saying?**
- You are in conversation with one person in a room where there are many other people talking. Can you follow what the person you are talking to is saying?**
- You are in a group of about five people in a busy restaurant. You can see everyone else in the group. Can you follow the conversation?**
- You are with a group and the conversation switches from one person to another. Can you easily follow the conversation without missing the start of what each new speaker is saying?**
- You are outside. A dog barks loudly. Can you tell immediately where it is, without having to look?**
- Can you tell how far away a bus or a truck is, from the sound?**
- Can you tell from the sound whether a bus or truck is coming towards you or going away?**
- When you listen to music, can you make out which instruments are playing?**

Do every day sounds that you can hear easily seem clear to you (not blurred)?

[Note: The scale below was used for the question listed after it].

Jumbled Not Jumbled
 0 _____ 10 N/A
 Comments:

When you hear more than one sound at a time, do you have the impression that it seems like a single jumbled sound?

[Note: The scale below was used for the question listed after it].

Concentrate hard No need to concentrate
 0 _____ 10 N/A
 Comments:

Do you have to concentrate very much when listening to someone or something?

YOUR NOISE EXPOSURE: LEISURE

Now we would like to find out how much noise you have been exposed to over your lifetime. We've divided this into two sections - leisure activities and workplace noise.

Leisure Activities: Each leisure activity is presented in a table with a separate row for each decade of your life. Complete all the tables by estimating how often you participated in the activity in each decade. Remember to answer for each decade of your life for all activities.

[Note: A Table, as shown below, was displayed with appropriate decades according to respondent's age, for each of the twelve questions listed after it.]

	Never	About once or twice a year	About once every 2-3 months	About once a month	About once a fortnight	About once a week	More than once a week
in your teens	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
in your 20's	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
in your 30's	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Etc...							

- How often did you attend nightclubs or dance clubs?
- How often did you attend amplified music events such as pop/rock concerts, live gigs or outdoor music festivals?
- How often did you attend parties, dances or discos with amplified music?
- How often did you perform in or rehearse with a band that played amplified music?
- How often did you perform in or rehearse with an orchestra or concert band?
- How often did you play solo (e.g., in practice or lesson) one of the following instrument types: saxophone, clarinet, flute, piccolo, drums, any brass instrument, or any amplified instrument?
- How often did you listen to a personal audio device through headphones or earbuds at 80% of the full volume or higher?
- How often did you attend a live professional sporting event?
- How often did you attend a live motor sports event?
- How often did you drive a motorcycle, motorised scooter or a noisy recreational vehicle?
- How often did you go shooting?
- How often did you use garden power tools, other power tools or a chainsaw?

YOUR NOISE EXPOSURE: LEISURE (HEARING PROTECTION)

Hearing Protection in Leisure Activities: Now we would like you to tell us whether you wore hearing protection (e.g., earplugs or earmuffs) and how often you wore it during the leisure activities.

Depending on your previous answers, you will see a series of tables showing all the leisure activities you have participated in with a separate row for each decade in which you participated. Complete all the tables by indicating how often you wore hearing protection for each activity/decade.

If you have **never** worn hearing protection during any leisure activities in any decade of your life, please tick the box below. Otherwise, click on the 'Next' button to start completing the tables.

I have never worn hearing protection during any leisure activities

[Note: A table, as shown below, was presented, containing appropriate decades according to respondent's age, and only for those activities/events (see list below) that the respondent had previously indicated that they had participated in].

	Select the appropriate option
in your teens	<input type="checkbox"/> No <input type="checkbox"/> Yes, < 10% of the time <input type="checkbox"/> Yes, <50% of the time <input type="checkbox"/> Yes, about 50% of the time <input type="checkbox"/> Yes, > 50% of the time <input type="checkbox"/> Yes, > 90% of the time
in your 20's	Etc...
in your 30's	Etc...

- Did you wear hearing protection at nightclubs or dance clubs?**
- Did you wear hearing protection at amplified music events such as pop/rock concerts, live gigs or outdoor music festivals?**
- Did you wear hearing protection at parties, dances or discos with amplified music?**
- Did you wear hearing protection when you performed in or rehearsed with a band that played amplified music?**
- Did you wear hearing protection when you performed in or rehearsed with an orchestra or concert band?**
- Did you wear hearing protection when you played solo on saxophone, clarinet, flute, piccolo, drums, any brass instrument, or any amplified instrument?**
- Did you wear hearing protection at a live professional sporting event?**
- Did you wear hearing protection at a live motor sports event?**
- Did you wear hearing protection when you drove a motorcycle, motorised scooter or a noisy recreational vehicle?**
- Did you wear hearing protection when you went shooting?**
- Did you wear hearing protection when you used garden power tools, other power tools or a chainsaw?**

YOUR NOISE EXPOSURE: WORK

Workplace noise: Now we'd like to find out more about any noisy environments that you work in or have previously worked in where the noise level was loud enough that you had to raise your voice to be heard.

When thinking about the noisy work environments you have been in, it's important to consider the level of noise you worked in rather than the type or place of work. For example, if you worked in a noisy pub for three years and your job changed from glass collector to bar tender but the noise level remained the same, make this a single work environment.

For each work environment there are five short questions to answer. When you have completed all questions for your first work environment, click on the button labelled "Add next work environment" to answer the questions again for your next work environment (if you have one).

[Note: The respondent was able to enter details for as many work environments as needed].

If you have never worked in a noisy work environment, please tick the box below. Otherwise, click on the 'Next' button to start entering your first noisy work environment.

I have never worked in a noisy environment

Please answer the 5 questions below for **each work environment** in which you were exposed to loud noise. Remember: loud noise = **noise loud enough that you had to raise your voice to be heard.**

Click on "Add next work environment" to answer the questions again for your next work environment (if you have one).

Describe the work environment: _____

Estimate how many hours you work / worked in this environment each week

1 hour – 50+ hours *[Note: a full set of options was provided but is not listed here]*

What proportion of time is / was the noise level so loud that you had to raise your voice to be heard?

- about 10% of the time
- about 20% of the time
- about 30% of the time
- about 40% of the time

- about 50% of the time
- about 60% of the time
- about 70% of the time
- about 80% of the time
- about 90% of the time
- 100% of the time

How many years have you spent / did you spend in that work environment? *[Note: a full set of options was provided but is not listed here].*

- < 1 year - 50 years

Do / did you wear hearing protection in this work environment?

- No
- Yes, < 10% of the time
- Yes, < 50% of the time
- Yes, around 50% of the time
- Yes, > 50% of the time
- Yes, > 90% of the time

YOU and MUSIC

[Note: These questions were taken from the Music Use Questionnaire (MUSE) (Chin and Rickard, 2012)]

We will now ask you to tell us about your experiences with music. Read each question carefully and select the option that describes you best.

On average, how often do you listen to music in a week?

- Less than once a week
- 1 - 2 times a week
- 3 - 4 times a week
- 5 - 6 times a week
- More than 6 times a week

On average, how many hours a day do you purposely listen to music (as opposed to music in the environment that you have no control over e.g., music in cafes, stores)

- Less than 1 hour per day
- 1 - 2 hours per day
- 3 - 4 hours per day
- 5 - 6 hours per day
- More than 6 hours per day

Have you played / do you play a musical instrument (includes singing, practice and performance)?

- No Yes

How many years have you played a musical instrument for? *[Note: a full set of options was provided but is not listed here].*

- < 1 year – 60 years

At the peak of your interest, how many hours per day did you play/practise the musical instrument (includes singing)? *[Note: a full set of options was provided but is not listed here].*

- 0.5 hours – 18 hours

How long since you last regularly played a musical instrument (includes singing, practice and performance)?

- Less than a week ago
- Less than a month ago
- Less than 1 year ago
- Between 1 and 5 years ago
- Between 5 and 10 years ago
- More than 10 years ago

What is the highest level of formal music training you have received?

- None
- Primary (Elementary) school music classes
- Secondary (High) school music lessons
- Tertiary (University) undergraduate training, Conservatory of music or master classes
- Postgraduate training, or advanced overseas training

What other type of music training did you receive?

- None
- Self-taught (no formal training)
- Private (individual) music classes/tuition
- Group music classes/tuition

Have you completed AMEB (or equivalent such as ABRSM) music examinations?

- No
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 1
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 2
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 3
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 4
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 5
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 6
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 7
- Yes, the highest grade (Theory or Performance/Practical) I have completed is Grade 8
- Yes, the highest level I have completed is Associate and/or Licentiate Diploma in Music

Participation with music activities

[Note: The scale shown below was displayed, for each of the 24 statements listed below. A “Not Applicable” option was also available to respondents].

strongly disagree	/	disagree	/	neither agree nor disagree	/	agree	/	strongly agree
1		2		3		4		5

- Music is often a source of inspiration for me**
- I often play challenging pieces**
- There is a greater connection with my friends when we like the same music**
- Music provides me with a good pace for exercising**
- Music often takes away tension at the end of the day**
- Performing music is emotionally rewarding for me**
- I often listen to new compositions**
- I often look forward to attending music practices with my friends**
- Certain types of music help me think**
- Mastering a piece of music gives me greater recognition as a performer**
- Having a similar taste in music often helps me relate better to my peers**
- Dance is an expression of my feelings**

I often listen to music when I am feeling down
I often get recognition from my friends for playing in a group
I am able to make more friends when we like the same type of music
Listening to music whilst exercising often helps me exercise for longer
Specific types of music make me feel better
Being able to improvise whilst playing music gives me a great sense of satisfaction
Dancing keeps me fit
I feel good when my performance is applauded
Practice helps me improve my music playing skills
I use a particular type of music to get me through tough times
Music performance demonstrates my knowledge of music theory
Music improves my physical endurance level

Thank You

Congratulations! You have reached the end of our survey. We appreciate the time you have taken to complete the questions and we will now review your responses. If necessary we will seek clarification and/or additional information when you attend your appointment at our research laboratory.

Appointment questions (Note: the questions below were administered verbally by the audiologist at the beginning of the laboratory session; the participant was given a laminated copy to follow)

Do you have or have you a history of:

- Vertigo or balance problems?
- Otagia (ear pain)?
- Ear surgery?
- Ear infections?

Have you had an ear infection/s in the past 3 months?

- Yes
- No

To the best of your knowledge have you ever taken the following medications?

- Aspirin in high doses
- Non-steroidal anti-inflammatory drugs eg., ibuprofen
- Antibiotics – especially aminoglycosides eg., gentamicin
- Loop diuretics
- Anti-cancer drugs eg., cyclophosphamide, cisplatin
- None of the above
- None of the above but I have taken other medication that affected my hearing
- I don't know

Have you been diagnosed with diabetes (females not gestational)?

- Yes
- No

Do you currently smoke tobacco on a daily basis, less than daily or not at all?

- Yes, daily
- Yes, less than daily
- No, not at all

In the past have you smoked tobacco on a daily basis, less than daily or not at all?

- Yes, daily
- Yes, less than daily
- No, not at all

Have you been exposed to loud noise in past 48 hours?

- Yes
- No

Note details:

B Raw data

Table 1 shows the raw data collected in the set of 74 participants. This table shows the amplitudes (μV) and latencies (ms) of waves I and V, and the waves I-V interpeak latency and ratio of amplitudes. These parameters have been estimated on the [Fz-Tp9/Tp10] ABR signals. The amplitude and latency of wave I has also been estimated on the Fz-TIP ABR signal (indicated as TIP on the table). This table also shows the age (years) and gender of each participant, as well as the lifetime noise-exposure (LNE, $\log_{10} Pa^2h$), the hearing loss (dB HL) in high frequencies (HL-HF) and in extended-high frequencies (HL-EHF), the score in the test of everyday attention (TEA) and in the LiSN-HC test (dB SNR), and the presence of tinnitus. Table 2 shows the rationale for missing data in electrophysiology measures.

ID	A _I (TIP)	A _I	A _{III}	A _V	A _I /A _V	L _I (TIP)	L _I	L _{III}	L _V	L _V - L _I	AGE	GENDER	LNE	HL-LF	HL-HF	HL-EHF	TEA	LiSN-HC	Tinnitus
#S01	0.47	0.25	0.26	0.44	0.58	1.95	1.93	4.08	6.06	4.13	39	Male	2.92	4.50	10.67	16.50	8.0	-19.75	No
#S02	0.13	0.07	0.08	0.21	0.33	1.90	1.89	4.16	6.21	4.32	36	Male	3.64	11.50	7.33	9.33	10.0	-21.60	No
#S03	0.19	0.12	0.14	0.09	1.26	2.16	2.20	4.34	5.79	3.59	52	Male	4.93	10.50	12.00	47.50	7.0	-18.70	No
#S04	0.19	0.17	0.22	0.28	0.61	1.78	1.70	4.00	6.04	4.34	48	Male	3.75	4.50	10.67	31.50	9.5	-20.60	No
#S05	0.36	0.27	0.22	0.28	0.97	1.90	1.95	4.14	6.08	4.14	37	Male	3.02	1.50	8.00	-0.50	9.5	-21.35	No
#S06	0.22	0.13	0.09	0.32	0.41	1.87	1.79	3.97	5.91	4.11	51	Male	3.85	4.00	16.00	26.00	6.5	-18.90	No
#S07	0.31	0.15	0.04	0.36	0.41	1.73	1.67	4.14	5.86	4.19	36	Female	4.18	4.50	6.00	15.50	10.0	-22.20	Yes
#S08	0.20	0.12	0.48	0.55	0.22	1.73	1.86	3.78	5.73	3.87	38	Female	4.17	3.00	1.33	5.00	10.0	-28.00	Yes
#S09	0.39	0.29	0.12	0.34	0.87	1.90	1.86	4.23	6.03	4.17	36	Female	3.50	16.00	5.33	25.00	6.0	-15.20	No
#S10	0.19	-	-	-	-	2.12	-	-	-	-	51	Male	3.82	2.00	6.00	29.00	10.0	-21.00	Yes
#S11	0.22	0.12	0.23	0.49	0.25	2.03	1.98	4.43	6.17	4.19	37	Male	3.50	7.00	6.00	-0.50	9.5	-21.80	No
#S12	0.14	0.06	0.14	0.37	0.15	2.21	2.03	4.19	6.50	4.47	50	Male	3.18	7.00	8.67	43.00	6.5	-17.40	No
#S13	0.23	0.15	0.40	0.49	0.30	2.08	2.05	4.20	6.24	4.19	44	Female	3.87	1.50	10.67	23.50	10.0	-22.20	No
#S14	0.27	0.22	0.26	0.57	0.39	2.05	2.06	4.34	6.34	4.28	47	Male	4.01	7.00	19.33	55.00	6.0	-21.10	Yes
#S15	0.26	-	-	-	-	1.94	-	-	-	-	52	Male	3.97	2.50	8.67	26.50	10.0	-17.70	No
#S16	0.25	0.16	0.17	0.28	0.57	1.70	1.72	4.00	6.11	4.39	50	Male	3.63	13.00	18.67	8.50	8.0	-17.10	No
#S17	0.16	0.12	0.15	0.29	0.40	2.21	2.21	4.38	6.38	4.17	52	Male	3.07	2.00	10.00	19.00	3.0	-22.45	No
#S18	0.09	0.12	0.01	0.38	0.33	2.11	2.08	4.40	6.07	3.99	43	Female	3.72	10.00	8.67	23.50	9.0	-25.78	No
#S19	0.21	0.14	0.14	-	-	1.99	1.91	4.04	6.22	4.30	52	Female	3.58	8.00	4.67	23.50	4.0	-16.60	No
#S20	0.15	-	-	-	-	1.79	-	-	-	-	46	Female	3.93	0.00	23.33	48.50	8.5	-18.60	Yes
#S21	0.25	0.14	0.26	0.13	1.01	1.84	1.88	4.40	6.47	4.59	51	Male	3.59	7.50	20.00	39.50	5.0	-14.50	No
#S22	0.27	0.16	0.25	0.41	0.39	1.98	1.97	4.04	6.10	4.14	51	Male	3.41	1.00	15.33	22.00	7.0	-18.90	No
#S23	0.16	0.20	0.22	0.34	0.59	1.68	1.68	3.87	5.99	4.31	44	Female	4.31	4.00	12.00	5.00	9.5	-21.30	No
#S24	0.15	0.16	0.08	0.19	0.83	1.72	1.67	4.07	6.08	4.41	38	Female	4.13	6.00	0.00	0.50	5.5	-21.80	No
#S25	0.20	0.15	0.31	0.56	0.27	1.88	1.83	4.02	5.95	4.12	33	Female	3.66	7.00	-0.67	4.50	9.0	-21.50	No
#S26	0.11	0.11	0.08	0.23	0.49	1.84	1.76	4.04	6.17	4.41	45	Male	4.28	4.50	5.33	21.50	5.5	-20.30	No
#S27	0.20	0.14	0.19	0.47	0.30	1.77	1.83	3.95	5.46	3.62	44	Female	3.25	6.50	6.00	16.50	1.0	-19.67	No
#S28	0.22	0.16	0.19	0.24	0.66	1.89	1.86	4.23	6.15	4.30	43	Female	3.45	-2.00	1.33	7.50	9.5	-26.60	No
#S29	0.33	0.24	0.26	0.60	0.40	1.69	1.61	3.85	5.84	4.23	44	Female	1.97	5.00	5.33	9.50	7.0	-20.70	No
#S30	0.25	0.20	0.27	0.39	0.53	2.11	2.11	3.98	6.12	4.01	29	Female	3.77	1.50	2.67	48.00	9.5	-17.90	No
#S31	0.18	0.14	0.27	0.33	0.42	1.79	1.78	4.02	6.14	4.35	40	Male	4.20	4.00	4.67	-4.00	10.0	-19.90	No
#S32	0.09	0.09	0.14	0.31	0.28	2.11	1.94	4.50	6.54	4.60	52	Male	4.07	12.50	10.67	23.00	6.0	-13.50	No
#S33	0.07	0.06	0.18	0.34	0.16	2.16	2.22	4.23	6.52	4.30	50	Female	3.55	14.50	24.67	28.00	7.0	-17.12	Yes
#S34	0.02	0.17	0.23	0.28	0.58	2.04	1.76	4.21	6.10	4.34	46	Male	4.04	11.50	8.67	22.50	9.0	-21.70	No
#S35	0.19	0.20	0.21	0.48	0.41	1.88	1.81	4.04	5.97	4.16	45	Female	3.64	5.00	7.33	21.50	5.5	-21.47	No
#S36	0.56	0.44	0.56	0.57	0.76	1.74	1.75	3.99	5.88	4.13	50	Female	1.43	2.00	0.00	18.00	10.0	-20.30	No
#S37	0.18	0.07	0.20	-	-	1.83	1.94	3.76	5.71	3.77	33	Female	4.01	0.50	0.00	-2.50	8.0	-20.50	No
#S38	0.16	0.13	0.20	0.33	0.38	1.88	1.76	3.92	5.94	4.18	52	Female	3.45	3.50	13.33	27.00	10.0	-20.50	No
#S39	0.21	0.13	0.20	0.35	0.37	2.10	2.10	4.50	6.54	4.45	52	Male	3.19	9.00	9.33	26.00	9.0	-21.60	No
#S40	0.16	0.16	0.23	0.39	0.40	1.76	1.72	4.15	5.98	4.26	33	Male	3.74	7.00	12.00	22.67	8.5	-20.80	Yes
#S41	0.21	0.13	0.38	0.47	0.28	1.73	1.61	3.72	5.82	4.21	41	Female	3.74	5.50	6.00	6.50	8.5	-23.74	No
#S42	0.22	0.16	0.23	0.41	0.39	2.13	2.13	4.69	6.68	4.54	51	Female	3.09	12.00	19.33	55.50	10.0	-17.00	No
#S43	0.12	0.08	0.26	0.28	0.28	1.99	1.85	4.21	6.38	4.54	37	Male	3.72	13.50	14.67	8.00	6.0	-13.00	Yes
#S44	0.11	0.02	0.13	0.20	0.12	2.36	2.01	4.24	6.67	4.67	48	Male	3.41	10.50	5.33	48.00	9.0	-13.00	No
#S45	0.18	0.15	0.29	0.36	0.41	1.93	1.91	4.19	6.17	4.26	37	Male	4.00	7.00	8.67	-1.33	10.0	-21.10	No

ID	A _I (TIP)	A _I	A _{III}	A _V	A _I /A _V	L _I (TIP)	L _I	L _{III}	L _V	L _V - L _I	AGE	GENDER	LNE	HL-LF	HL-HF	HL-EHF	TEA	LISN-HC	Tinnitus
#S46	0.30	0.12	0.13	0.29	0.42	1.96	2.04	4.11	6.35	4.31	47	Male	4.20	6.00	10.00	49.00	8.5	-21.70	No
#S47	0.24	0.16	0.15	0.28	0.59	1.73	1.62	4.29	6.29	4.68	49	Male	3.66	-2.50	3.33	7.50	7.0	-21.80	No
#S48	-	-	-	0.16	-	-	-	-	6.19	-	45	Male	3.61	0.00	6.00	19.00	8.0	-22.60	No
#S49	-	-	0.14	0.31	-	-	-	3.93	6.04	-	55	Female	3.61	9.00	24.67	47.00	7.0	-15.20	No
#S50	-	-	0.12	0.29	-	-	-	5.08	6.87	-	46	Male	3.85	5.00	12.00	19.50	9.5	-15.20	No
#S51	0.47	0.41	0.39	0.52	0.80	1.82	1.80	3.98	6.05	4.25	42	Female	4.00	2.50	0.00	1.50	6.0	-20.30	No
#S52	0.25	0.22	0.09	0.28	0.76	2.07	2.08	4.24	6.42	4.35	45	Female	3.52	5.50	7.33	5.50	9.5	-21.40	No
#S53	0.26	0.27	0.40	-	-	1.77	1.77	3.80	5.71	3.94	48	Female	3.64	11.00	15.33	5.50	10.0	-24.10	No
#S54	0.40	0.26	0.29	0.27	0.94	1.70	1.66	3.90	6.07	4.41	49	Female	4.40	7.50	7.33	5.50	9.0	-19.50	No
#S55	0.18	0.16	0.20	0.21	0.75	2.02	2.07	4.41	6.36	4.29	40	Male	4.76	4.50	11.33	9.50	9.0	-19.90	No
#S56	0.27	0.15	0.24	0.49	0.30	1.85	1.83	4.30	6.14	4.30	37	Male	3.08	5.00	-1.33	22.67	8.0	-15.40	Yes
#S57	0.17	0.08	0.11	0.31	0.25	1.91	1.87	4.28	6.32	4.44	52	Male	3.79	1.50	12.67	27.50	7.0	-20.30	No
#S58	0.32	0.19	0.17	0.21	0.91	1.79	1.76	4.10	6.18	4.42	47	Female	4.05	5.50	5.33	71.50	9.0	-20.30	No
#S59	0.20	0.10	0.27	0.52	0.20	2.18	2.13	4.40	6.26	4.12	41	Male	3.64	4.50	15.33	14.00	8.0	-22.30	No
#S60	0.22	0.23	0.19	0.24	0.93	1.88	1.89	4.24	6.48	4.59	43	Female	3.24	2.50	4.00	24.00	9.0	-24.22	No
#S61	0.16	0.09	0.14	0.27	0.34	2.06	2.02	4.41	6.30	4.27	54	Male	3.09	10.50	8.67	40.00	7.0	-18.30	Yes
#S62	-	0.18	0.40	0.52	0.34	-	1.77	3.94	5.74	3.97	42	Female	4.16	5.00	1.33	6.50	9.0	-20.80	No
#S63	0.21	0.21	0.18	0.16	1.32	1.80	1.80	4.09	6.17	4.37	52	Female	3.96	3.50	14.67	23.00	10.0	-20.30	No
#S64	0.21	0.21	0.18	0.24	0.89	1.69	1.77	4.03	6.12	4.36	35	Female	4.05	9.00	28.67	52.00	9.5	-18.50	Yes
#S65	0.26	0.22	0.15	0.24	0.93	1.91	1.97	4.20	5.99	4.02	38	Male	4.41	7.50	23.33	33.33	9.5	-20.50	No
#S66	0.15	0.18	0.24	0.30	0.60	1.64	1.65	4.14	6.05	4.40	45	Female	3.98	19.00	18.67	32.00	6.5	-17.70	No
#S67	0.37	0.36	0.62	0.68	0.53	1.82	1.87	3.97	5.66	3.79	40	Female	3.87	8.00	16.67	22.00	10.0	-19.45	No
#S68	0.17	0.18	0.09	0.20	0.90	1.77	1.73	4.13	6.21	4.48	34	Male	3.86	13.50	6.00	-0.67	8.5	-21.50	No
#S69	0.22	0.16	0.29	0.62	0.25	1.80	1.77	3.89	5.82	4.05	32	Male	2.44	4.50	10.67	10.00	7.5	-23.00	No
#S70	0.19	0.21	0.19	0.18	1.13	1.60	1.49	4.02	6.07	4.58	39	Male	1.66	5.50	2.00	1.50	10.0	-21.30	No
#S71	0.08	0.09	0.16	0.15	0.56	1.53	1.59	3.98	6.14	4.55	34	Female	2.64	4.00	8.67	10.00	9.0	-23.40	No
#S72	0.17	0.11	0.17	0.21	0.52	1.73	1.69	4.02	6.03	4.34	32	Female	2.50	1.00	3.33	3.50	2.5	-19.80	No
#S73	0.25	0.21	0.26	0.40	0.53	1.74	1.73	3.70	5.71	4.97	30	Female	2.34	-1.50	0.67	5.00	4.5	-22.80	No
#S74	0.41	0.26	0.35	-	-	1.85	1.87	4.06	6.21	4.34	30	Female	1.85	1.50	5.33	13.50	10.0	-22.20	No

Table 1: Raw data.

ID	Missing data
#S10	All components in Fz-MAS ABR signal contaminated by post-auricular muscle (PAM) artifact.
#S15	All components in Fz-MAS ABR signal contaminated by PAM.
#S19	Wave V amplitude in Fz-MAS contaminated by PAM.
#S20	No clear components in Fz-MAS.
#S37	Wave V amplitude in Fz-MAS contaminated by PAM.
#S48	Waves I and III not clear in any channel.
#S49	Wave I not clear in any channel.
#S50	Wave I not clear in any channel.
#S53	Wave V amplitude in Fz-MAS contaminated by PAM.
#S62	Fz-TIP channel could not be recorded due to a technical problem.
#S74	Wave V amplitude in Fz-MAS contaminated by PAM.

Table 2: Missing data rationale in electrophysiology measures.

C Noise-level in ABR signals

This section presents an analysis of the electrophysiology noise of the ABR signals obtained in this study in order to control for the amount of uncertainty in the ABR measures. This analysis consists of (1) a comparison of the root-mean-square (RMS) values between the ABRs and their pre-response baseline; and (2) an analysis of automatic response detection based on F_{sp} .

Methods. The time ranges for the ABR signal and for the pre-response baseline were determined considering the grand-average ABR response across all participants, which is shown in figure 1. The ABR signal range was considered between [1 , 8] ms, and the pre-response baseline range between [-5 , -2] ms to avoid any contribution from the stimulus artifact. The F_{sp} value was calculated for each ABR signal as specified in Elberling and Don [2007] considering the variance of the averaged ABR in the specified time range, i.e. [1 , 8] ms, and the variance of a single point (corresponding to the sample at 4 ms) across all accepted sweeps. Since all distributions were not normally distributed (according to the Lilliefors test), they were compared using the non-parametric, paired, two-sided Wilcoxon rank sum test.

Analysis. Figure 2.A shows the RMS-value distributions of the ABR and pre-response baseline corresponding to the [Fz-Tp9/Tp10] and [Fz-TIP] ABR responses. Boxplots indicate the quartiles of the distributions. This figure shows that (1) the RMS level in the pre-response baseline is within a normal range [Elberling and Don, 1996]; (2) the RMS level in the pre-response baseline is significantly lower than in the ABR section both in [Fz-Tp9/Tp10] and [Fz-TIP] channels; and (3) the [Fz-TIP] channel present statistically significant lower RMS values than the [Fz-Tp9/Tp10] channel. The F_{sp} distributions are shown in figure 2.B. Considering that a F_{sp} -value equal to 3.1 determines the presence of neural response with a 99% confidence level [Elberling and Don, 1984], the F_{sp} distributions shown in figure 2.B indicate that it is highly probable that the ABR signals evaluated in this study are actual neural responses and not noise. All subjects had F_{sp} -values above the 3.1 threshold in the [Fz-TIP] channel, and only three subjects had F_{sp} values below that threshold in the [Fz-Tp9/Tp10] channel. These subjects were #S03 ($F_{sp}=2.73$), #S34 ($F_{sp}=1.68$), and #S48 ($F_{sp}=1.41$).

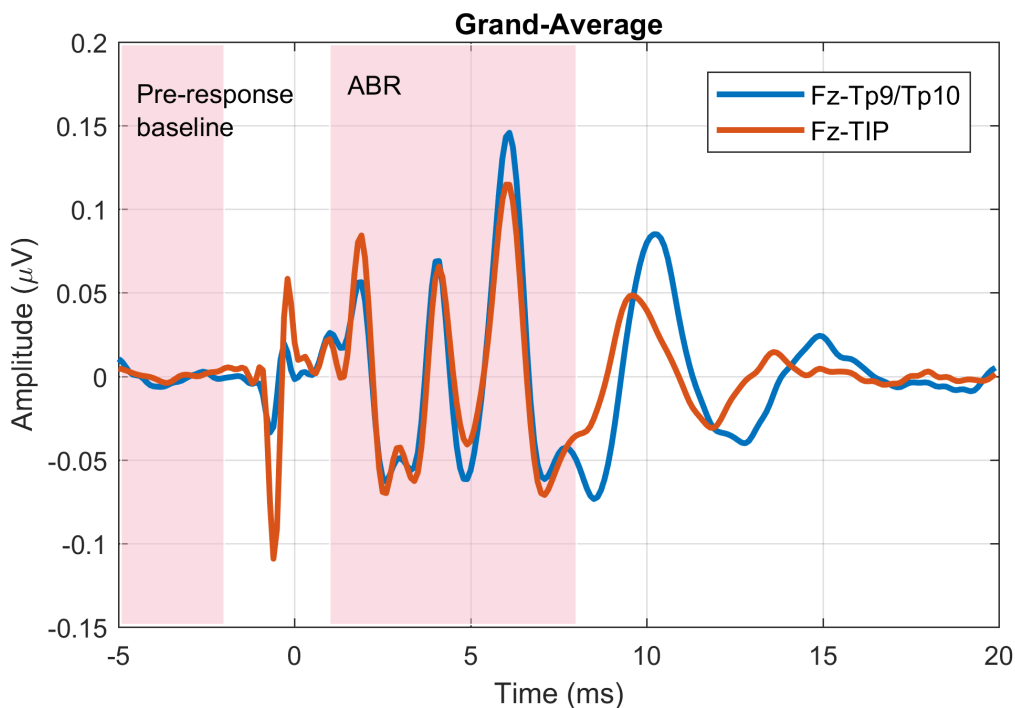


Figure 1: Time ranges considered in the analysis of the RMS value.

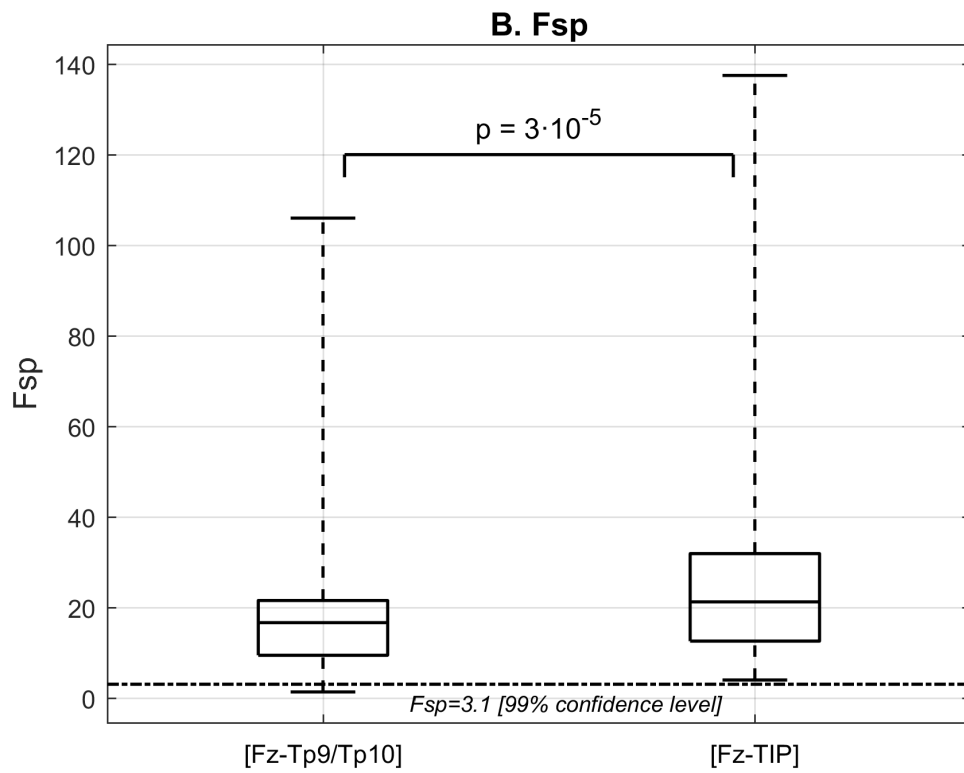
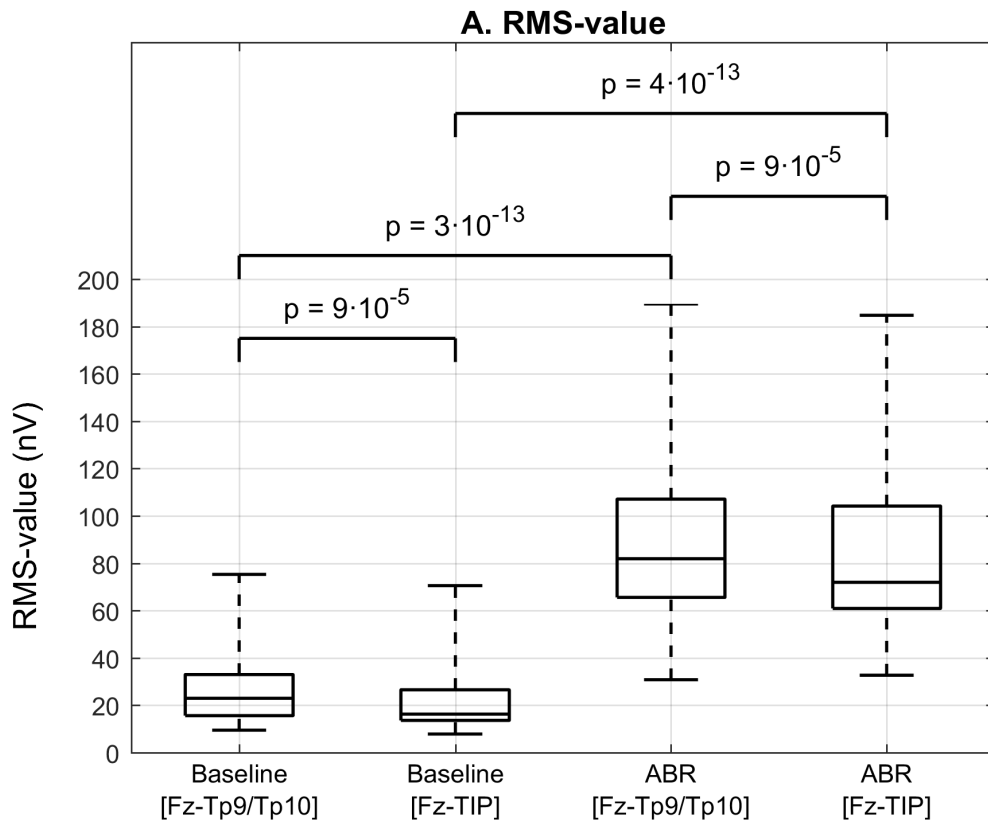


Figure 2: [A] RMS-value analysis. [B] Fsp analysis.

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