## Estimating Hearing Thresholds in Hearing-Impaired Adults through Objective Detection of Cortical Auditory Evoked Potentials

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Bram Van Dun National Acoustic Laboratories Level 5, 16 University Avenue Macquarie Park NSW 2109 Australia Bram.VanDun@nal.gov.au Office: (+61) 2 9412 6967 Fax: (+61) 2 9412 6769 **Background:** Hearing threshold estimation based on cortical auditory evoked potentials (CAEPs) has been applied for some decades. However, available research is scarce evaluating the accuracy of this technique with an automated paradigm for the objective detection of CAEPs.

**Purpose:** To determine the difference between behavioral and CAEP thresholds detected using an objective paradigm based on the Hotelling's  $T^2$  statistic. To propose a decision tree to choose the next stimulus level in a sample of hearing-impaired adults. This knowledge potentially could increase the efficiency of clinical hearing threshold testing.

**Research design:** Correlational cohort study. Thresholds obtained behaviorally were compared with thresholds obtained through cortical testing.

Study sample: 34 adults with hearing loss participated in this study.

**Data collection and analysis:** For each audiometric frequency and each ear, behavioral thresholds were collected with both pure-tone and 40 ms tone-burst stimuli. Then, corresponding cortical hearing thresholds were determined. An objective cortical response detection algorithm based on the Hotelling's  $T^2$  statistic was applied to determine response presence. A decision tree was used to select the next stimulus level. In total, 241 behavioral-cortical threshold pairs were available for analysis. The differences between CAEP and behavioral thresholds (and their standard deviations) were determined for each audiometric frequency. Cortical amplitudes and EEG noise levels were extracted. The practical applicability of the decision tree was evaluated, and compared to a Hughson-Westlake paradigm.

**Results:** It was shown that, when collapsed over all audiometric frequencies, behavioral puretone thresholds were on average 10 dB lower than 40 ms cortical tone-burst thresholds, with a standard deviation of 10 dB. Four percent of CAEP thresholds, all obtained from just three individual participants, were more than 30 dB higher than their behavioral counterparts. The use of a decision tree instead of a Hughson-Westlake procedure to obtain a CAEP threshold did not seem to reduce test time, but there was significantly less variation in the number of CAEP trials needed to determine a threshold.

**Conclusions:** Behavioral hearing thresholds in hearing-impaired adults can be determined with an acceptable degree of accuracy (a mean threshold correction and standard deviation of both 10 dB) using an objective statistical cortical response detection algorithm in combination with a decision tree to determine the test levels.

**Key words:** cortical auditory evoked potentials, hearing impairment, hearing thresholds, automated objective detection, estimation techniques

**Abbreviations:** SL: sensation level, CAEP: cortical auditory evoked potential, EEG: electroencephalogram, HL: hearing level, ML: medico-legal, NIHL: noise induced hearing loss, rms: root mean square, PTA: pure-tone average, SD: standard deviation.

#### **INTRODUCTION**

Cortical auditory evoked potentials (CAEPs) represent summed neural activity in the auditory cortex in response to the onset, change, or the offset of a sound. The CAEP in adults consists of a positive peak (P1) occuring around 50 ms post-stimulus followed by a negative deflection (N1) around 100 ms and another positive peak (P2) around 180 ms (Martin et al. 2007). This response is 'obligatory' because it is evoked irrespective of whether the person is attending to the sound or not. The presence of the P1-N1-P2 complex indicates that the stimulus has been detected at the level of the auditory cortex (Hyde 1997).

The use of CAEPs for objective threshold estimation in adults has been investigated since the 1950s (Perl et al. 1953; Beagley and Kellogg 1969; Pratt and Sohmer 1978; Coles and Mason 1984; Ross et al. 1999; Lightfoot and Kennedy 2006). There are several benefits of using CAEPs for hearing threshold assessment. First, they can be recorded reliably whilst awake, which is an advantage for testing older infants, children and uncooperative adults who often cannot be instructed to sleep. Second, it is possible to use longer duration tone bursts than those used for auditory brainstem response recordings, which results in more frequency specificity. The main drawback of CAEPs is their susceptibility to the state of arousal of the subject. Cortical responses change considerably in amplitude and morphology between awake states and the different sleep stages (Campbell and Colrain 2002). Although CAEP recording is still feasible when the subject is asleep, it is advisable to record in a conscious state, which is not straightforward to monitor.

Picton (2011) summarized the results from nine studies measuring electrophysiological versus behavioral threshold differences for alert, awake participants. He concluded that CAEPs

4

should be recognizable on average at a level of about 10 dB above behavioral threshold. From the studies in his literature review, all but one used a visual detection approach for identifying CAEP waveforms. This one study (Ross et al. 1999) presented a computerized phase-coherence approach to detect significant waveforms. Regardless, all studies mentioned by Picton (2011) achieved similar electrophysiological-behavioral differences (or 'corrections') to convert electrophysiological thresholds to behavioral measures.

The objective detection of auditory evoked responses has received reasonable interest over the years as it provides an objective way to analyze waveforms. Golding et al. (2009) provided an extensive overview of different objective response detection methods, which have been developed in either the frequency or the time domain. These methods have been used for auditory brainstem responses (Don et al. 1984; Özdamar and Delgado 1996), auditory steadystate responses (Cebulla et al. 2006), mismatch negativity (Blair and Karniski 1993; Picton et al. 2000), and CAEP detection (Ross et al. 1980; Ross et al. 1999; Hoppe et al. 2001). With objective detection, it is unnecessary for a (sometimes inexperienced) observer to interpret waveform presence. In addition, an associated statistical measure (like a probability) can assist an observer to assign a level of confidence to the decision that a response waveform is, or is not, present. In the case of response absence, a measure of residual noise should be used to provide the observer with an indication whether excess residual noise might be obscuring a small response.

This study addresses two research questions:

- Is a completely automated threshold searching protocol based on objective CAEP detection a reliable way to estimate behavioral thresholds? And if so, what are the corrections that need to be applied to obtain these behavioral thresholds?
- Is a decision tree faster than the Hughson-Westlake procedure for converging on CAEP threshold, and does it need an error-detection procedure to reduce the number of outliers?

#### **METHODS**

This study was conducted with the approval of the Australian Hearing Human Research Ethics Committee (AHHREC) and conformed to National Health & Medical Research Committee (NH&MRC) guidelines.

## **Subjects**

Thirty-four adults with sensorineural hearing loss participated. Each subject was tested once without their hearing aids (unaided). Twenty-three males and eleven females, with mean age of 71 years (SD 9 years), completed the study. The mean four frequency average (4FA: 0.5, 1, 2, and 4 kHz) threshold was 50 dB HL (SD 18 dB). The following inclusion criteria were imposed for each ear. For at least one of four audiometric frequencies (0.5, 1, 2 and 4 kHz), the hearing loss was  $\geq$  30 and  $\leq$  105 dB HL. Adults were tested in two locations (18 and 16 adults respectively) by four operators.

### Stimuli

Behavioral thresholds were tested with pure-tones and tone-bursts with frequencies of 0.5, 1, 2 and 4 kHz. Pure-tones were of  $\approx$  1 s duration and presented manually by the tester using a clinical audiometer (Interacoustics AD28). All stimuli were delivered to the subject using insert phones (ER-3A, Etymotic Research). Tone-burst stimuli had a total length of 40 ms, with 10 ms cosine rise and fall times and a 20 ms plateau. For both behavioral and objective recording of tone-bursts, stimuli were presented in trains with an onset-to-onset interval (stimulus onset asynchrony) of 1165 ms. Stimulus levels ranged from -10 to 110 dB HL. Stimuli were calibrated at 70 dB HL using a IEC126 HA2 2-cc coupler, incorporating a 1-inch 4144 microphone, a 1-to-

1/2 inch DB0375 adaptor, and a 2231 sound level meter (all Brüel & Kjær) using the relevant ISO 389-2 norms (International Organisation for Standardization 1994). Continuous pure-tone stimuli were used for the calibration of both tone-bursts and pure-tones.

## Procedure

Participants gave informed consent prior to the experiment. Otoscopy was performed on both ears to exclude the presence of excessive cerumen and to ensure there were no contraindications to the insertion of foam tips. If an ear was found to be occluded by cerumen, it was excluded from the study. Participants were reimbursed for travel costs with a fee of 20 Australian dollars.

The experimental session had two assessment components, which were both conducted in the same sound-treated booth.

## **Behavioral assessment**

The fixed audiometric test frequency order was 1, 2, 4, and 0.5 kHz for both ears. A modified Hughson-Westlake procedure was used with 2 dB descending and 4 dB ascending step sizes for the conventional stimuli and with 5 dB descending and 10 dB ascending step sizes for the tone-burst stimuli. These measurements were carried out prior to collection of the cortical responses. The order of presentation for ear and stimulus type (pure-tone versus tone-burst) was balanced.

#### **CAEP** assessment

## EEG recording

CAEP thresholds were determined with tone-bursts using the HEARLab system (Frye Electronics, Tygard, OR, USA), and with a 5 dB step size according to a decision tree (as shown in Figure 1). A balanced order for test frequencies and ears was used. The participants were kept passively alert by allowing them to watch a silent movie with closed captions while CAEP recordings were made.

Electrode sites were prepared using a cotton applicator and electrode gel. Single use Ambu Blue Sensor  $N^{TM}$  self-adhesive electrodes were used. The active electrode was placed on Cz, the reference electrode on the left mastoid, and the ground electrode on the high forehead (American Electroencephalographic Society 1991). Electrode impedance was checked before and after each recording, and if necessary the preparation was repeated to achieve an impedance under 5 kOhm between active and ground, and between reference and ground.

The amount of amplification was 1210. Prior to analog to digital conversion, the signal was high-pass filtered at 0.16 Hz by an analog first-order filter. The signal was down-sampled to 1 kHz and low-pass filtered online at 30 Hz with a 128-order zero time delay filter. The recording window consisted of a 200 ms pre- and 600 ms post-stimulus interval. Baseline correction was applied to each individual sweep based on the average over 100 ms prior to stimulus onset.

Artifact rejection was based on the single active-reference voltage difference. No separate ocular channel was used to detect eye blinks. The equipment was principally designed for awake alert infants, many of whom may not tolerate an electrode attached close to the eye. An artifact

rejection criterion was adopted to reject all epochs that exceeded 150  $\mu$ V, hence excessive noise sources (including eye movements) should have been handled appropriately.

## **Objective detection of CAEPs**

The method of response detection was objective, meaning that it did not involve any subjective judgment by the operator (Golding et al. 2009; Carter et al. 2010). Before applying the detection method, each recorded epoch was reduced to 9 averaged voltage levels, with each average having been taken within a 'bin' covering a particular latency range. The 9 bins covered the range from 51 to 347 ms, with each bin being 33 ms wide. The bin width and number of bins were chosen based on earlier data (Golding et al. 2009). Response detection was based on the pvalue obtained from a one-sample Hotelling's T<sup>2</sup> test on the bin-averaged data. The one-sample Hotelling's T<sup>2</sup> test is the multivariate extension of the ordinary one-sample t test; instead of testing a null hypothesis that a scalar true mean equals a specified value, the Hotelling's  $T^2$  test takes vector data and tests a null hypothesis that the true mean vector equals a specified vector, in this case the zero vector. Each 'data point' was a 9-dimensional binned epoch, and the null hypothesis being tested was that the averaged cortical response in every bin was zero. Under assumptions analogous to those of a t-test (that the epochs are independent observations from the same multivariate normal distribution), it can be shown that a detection criterion of  $p \le 0.05$ results in a false detection rate of 5%.

## Stopping criterion and EEG noise

Averaging was immediately concluded at a given stimulus level if the objective detection statistic indicated that the p-value for the stimulus at that level was  $p \le 0.001$ , with a minimum number of 10 accepted epochs. Averaging was otherwise concluded after a minimum of 120

accepted epochs. A CAEP response was judged to be present if the p-value reached the level of p  $\leq 0.05$ .

The EEG noise levels were estimated as follows: for each sampled point in the averaged waveform, the variance across individual epochs around that mean was calculated. The mean of these variances was then taken across all sampled points within the averaged epoch. This mean is defined as the EEG noise power (expressed in  $\mu V^2$ ). The square root of this value produces an estimate of the rms noise voltage (in  $\mu V$ ) present during that run. The *residual* rms noise voltage present in the average waveform was then estimated by dividing the rms noise voltage by the square root of the number of epochs contributing to the average waveform. This estimation assumes EEG stationarity and non-correlation between EEG epochs. However, this assumption is not necessarily valid: EEG is neither stationary nor uncorrelated between epochs. However, if noise variance is not changing considerably between epochs, the accuracy of the residual noise prediction is sufficient in a practical sense.

Although the EEG recording system used in this study provides the user with feedback about residual noise levels, a maximum residual noise level criterion was not incorporated in the protocol for the sake of an acceptable appointment length. Noise was considered relatively controlled during the recordings by monitoring the electrode impedances and the noise levels whenever possible, by the system's artefact rejection procedure, and by addressing any issues resulting in higher noise during recording. A warning needs to be put forward however that this approach without a maximum residual noise criterion is not recommended in practice. When recording an electrophysiological response, three outcomes are possible: response present, response absent, and inconclusive. In the third case, a retest is recommended (by recording more accepted epochs or after removal of the noise source) as the residual noise is too high to claim response absence.

To investigate whether the residual noise was sufficiently low to detect a low-amplitude CAEP, a histogram of residual EEG noise amplitudes per epoch, obtained from 1227 available recordings from 34 adults, is presented in Figure 2. The mean rms noise amplitude per epoch was 12.1  $\mu$ V with a standard deviation of 2.6  $\mu$ V for the system's filter settings: bandpass filtered EEG between 0.16 and 30 Hz. Assuming that the noise amplitude in the waveform average drops by the square root of the number of epochs, the residual noise level after 120 accepted epochs of the noisiest recording with an absent response was equal to 1.93  $\mu$ V (derived from a 21.1  $\mu$ V rms noise amplitude in its single epoch). This signifies that CAEPs of about 2  $\mu$ V and larger can be recorded, considering an optimistic 0 dB signal-to-noise ratio (SNR) is sufficient for CAEP detection. The actual required SNR for detection likely will be slightly higher. However, the exact SNR necessary for detection could not be determined as it will depend on CAEP morphology and frequency content of the CAEP and EEG noise.

#### Decision tree

For each audiometric frequency, CAEP trials were started at 60 dB HL. A decision tree, shown in Figure 1, was used to determine the next stimulus level. If the objective detection statistic indicated that a response was present ( $p \le 0.05$ , or  $p \le 0.001$  in the case of stopping prior to 120 epochs), the presentation level was decreased. If a response was not present (p > 0.05), the presentation level was increased, regardless of residual noise level.

Two levels of error detection were built into the decision tree to avoid large errors between CAEP and behavioral thresholds. This was driven by the assumption that the 'wrong' branch could be chosen if one of the initial stimulus levels produced an assessment which was opposite ( $p \le 0.05$  significance versus p > 0.05 non-significance) to the retested recording at the same stimulus level. For example, if the first and last recordings (for 60 dB HL, error detection level 1), or the second and last recordings (30 or 85 dB HL, error detection level 2), did not provide the same statistical outcome (both significant or both non-significant), the data point was determined to be equivocal and discarded. In practice, a retest through the entire decision tree would be recommended for that specific frequency. The cortical threshold was estimated as the lowest stimulus level for which the objective detection statistic indicated a response.

Figure 3 shows an example of time-domain waveforms obtained as a function of level. The figure shows CAEP grand averages that decrease in amplitude with decreasing presentation level, and corresponding statistical p-values. Cortical threshold is determined as the lowest level still evoking a statistically significant cortical response.

## Data analysis

During recording, raw EEG files were saved for further analysis. Instead of identifying the amplitudes and latencies of the CAEP N1 and P2 component extremities (also referred to as 'peak-picking'), average amplitudes over a fixed latency range were calculated: from 75 to 115 ms for N1, and from 170 to 270 ms for P2. The method of 'peak-picking' to obtain CAEP peak amplitudes is influenced by EEG noise in a biased manner. Noise will cause positive amplitudes to be exaggerated when choosing a positive peak, and negative amplitudes when choosing a negative peak. Consequently, peak-to-peak amplitudes in the expected direction will almost always be observed, even when no CAEPs are evoked. Waveform averages hence should

provide a more accurate estimate of the actual CAEP present in the recorded signal, asymptoting to zero for negative sensation levels.

#### RESULTS

Thirty-four adults with sensorineural hearing loss participated. Having eight frequencies per subject, 272 data points were available. Two ears were excluded prior to testing because of no residual hearing or wax-occlusion. Due to incomplete test sessions, ineligible audiometric test frequencies, non-responses at maximum intensity levels or protocol issues, a further 25 data points were discarded. Hence, in total 241 data points were available for analysis.

#### **Differences between tone-burst and pure-tone thresholds**

Table 1 shows mean differences, and standard deviations, between behavioral tone-burst and pure-tone thresholds for four audiometric frequencies. Tone-burst thresholds are on average elevated by 5 dB when compared with pure-tone thresholds. There is an indication the difference is greater for lower frequencies. These data provide a link between cortical tone-burst and behavioral pure-tone thresholds, the main focus of this study.

## Threshold estimates using a decision tree

#### **Threshold estimation**

Table 2 shows that CAEP 40 ms tone-burst threshold estimates are on average about 10 dB (SD 10 dB) higher than the subject's behavioral pure-tone threshold, at least for the recording parameters used in this study. Test-retest standard deviations for behavioral pure-tone thresholds were 3.2 dB.

Figure 4 shows a fitted logistic curve to the percentage of objectively present responses (number of significant detections versus number of presented stimuli) at behavioral pure-tone

sensation levels for the audiometric frequencies. The curve was constrained to 0.05 (5 % false positives) at the lowest sensation level, and not constrained at the highest sensation level. Sensitivities that were based on less than 10 data points have been omitted.

In contrast to data shown in Table 2 where thresholds were defined as the minimum sound level still evoking a response, thresholds can also be defined as the point where the number of detections and non-detections is equal, or the 50 % sensitivity point. Based on Figure 4, these 50 % points correspond to 6.6, 7.1, 5.6, and 6.0 dB SL respectively, 3-5 dB lower than the thresholds mentioned in Table 2. It is noted that this definition of CAEP threshold is not being used in this study however.

Figure 5 shows a frequency-specific histogram of the differences between cortical toneburst thresholds and behavioral pure-tone thresholds. Ten out of 241 pairs (4%) returned a difference greater than 30 dB, or two standard deviations away from the average difference of 10 dB, with the cortical tone-burst threshold being greater than the behavioral pure-tone threshold. This observation is evidenced in Figure 5 by the 8 data points in the long tail on the right of the histogram, plus 2 extra data points without a response at maximum testing level. Nine of these 10 outliers originated from 2 subjects. One of the 2 subjects was retested. Although this particular subject had a behavioral pure-tone threshold of 70 (73 at retest) dB HL at 4 kHz in the left ear, there were no repeatable CAEPs apparent from either visual or automatic detection methods at levels of 60-110 dB HL (Figure 6). Both test and retest (two months later) grand average waveforms are displayed. For means of comparison, the bottom waveform of Figure 6 shows the grand average for 1 kHz tone-bursts in the same ear at 60 dB HL, with a 41 (40 retest) dB HL behavioral pure-tone threshold. Here, a clear repeatable CAEP can be observed. There was a trend (p = 0.05) of more high frequencies (2 and 4 kHz, 7 out of 10) than low frequencies (0.5 and 1 kHz, 3 out of 10) that exhibited outliers. Given the low number of data points, more research is needed to confirm this trend.

When removing the outliers, there was an expected impact on standard deviations, mainly on the high frequencies (where most outliers originated from). The bottom row of Table 2 shows corrections with respect to pure-tone behavioral thresholds without any outliers. The case hence can be made that these corrections are valid for 96 % of CAEP recordings (as 4 % of data points were outliers), or 91 % of subjects (as 9 % of subjects contained at least one outlier). Mean correction and standard deviation were about  $9 \pm 8$  dB in this case.

The 5 outliers on the left side (< -10 dB SL) of the histogram in Figure 5 were obtained from 5 different subjects. These outliers could be caused by either behavioral or cortical (objective) errors. The participants' behavioral thresholds were repeatable within 2 dB, so it is unlikely they were overly cautious when responding at threshold levels. In contrast, all objectively obtained CAEP thresholds below -10 dB SL were found to be non-reproducible statistical detections. These were likely 'false positives', as expected on the basis of the criterion level of p = 0.05 adopted for the detection algorithm. When a CAEP was found to be statistically significant at 30 dB HL in these specific cases, the statistic was found to be non-significant when recordings were repeated at the same presentation level of 30 dB HL.

Figure 7 shows scatterplots for the four audiometric frequencies separately, with cortical tone-burst thresholds on the vertical axis, and behavioral pure-tone thresholds on the horizontal axis. When combining all frequencies,  $r^2$  is equal to 0.79, with a regression line equation y =

0.89\*x + 15.6 (y = cortical threshold, and x = behavioral threshold). A good correlation between both measures was evident, for all frequencies (p <  $10^{-16}$ ).

#### Error detection in the decision tree

Table 3 presents details on the effect of introducing error detection in the decision tree of Figure 1. The number of required recordings, after correction when incorporating retests in the case of equivocal thresholds, increased significantly (p < 0.05) with an increasing number of error detection levels (column 7 in Table 3). However, no significant differences were found for mean threshold differences and standard deviations (columns 2 and 3).

When the error detection criteria were applied, the average number of trials needed to determine threshold was significantly increased from 4.53 to 5.40. However, the proportion of cortical thresholds with negative sensation levels did not change significantly. Hence, there is no compelling evidence to introduce error detection in a decision tree.

## Decision tree versus Hughson-Westlake: Number of recordings to determine a threshold

The question can be put forward whether the use of a decision tree is beneficial in reducing test time. In this study test time was evaluated through a discrete number of recordings, each 120 epochs or 140 seconds long. To answer the question of benefit, a conventional (10 dB – 5 dB step paradigm) approach was simulated, without experimentally verification however. In this simulation, CAEP thresholds were assumed to be identical to those obtained with the decision tree. The initial presentation level was taken equal to 60 dB HL. When no response was detected, the level was increased with steps of 10 dB until a response was detected. Then, the level was decreased by 5 dB to determine the actual threshold. Conversely, if a CAEP was present at 60 dB HL, the level was decreased with steps of 10 dB until no response was present.

Then, level was increased by 5 dB to determine the threshold. This is slightly different from the modified Hughson-Westlake paradigm, which starts at a suprathreshold level instead before decreasing in steps of 10 dB. Using this simulated 10 dB - 5 dB step paradigm, it took on average 4.51 recordings (SD 1.25 recordings) to determine the same CAEP thresholds as obtained with the decision tree, when starting from 60 dB HL. This is equivalent to 10.51 minutes (SD 2.92 minutes).

For the decision tree paradigm, the mean number of recordings was 4.53 (SD 0.50 recordings) or 10.56 minutes (SD 1.17 minutes). When comparing with the previous 10 dB – 5 dB step paradigm, the number of trials required for both methods was found to be equal, however the standard deviation of the number of trials required when using the decision tree was significantly smaller than for the Hughson-Westlake procedure (F(240,240) =  $(1.25 / 0.50)^2 = 6.25$ ; p < 0.001). This means that total test time can be kept reasonably constant across subjects when using a decision tree, in contrast with the Hughson-Westlake procedure where test times can significantly vary.

#### **CAEP** amplitudes

Figure 8 shows average P2 - average N1 amplitudes versus behavioral pure-tone sensation level for the four audiometric frequencies. In Figure 8, a mixed-effects model was applied, with sensation level and frequency as fixed-effects repeated-measures variables, and the random effect a participant-specific intercept. The F-tests for the fixed effects indicated a significant main effect of sensation level and an interaction between sensation level and frequency (p < 0.001). To obtain statistically correct pairwise comparisons, a correction for

multiple comparisons needed to be applied to control the overall type I error rate. However, because a linear mixed-effects model was used instead of a 'standard' analysis of variance (ANOVA) model, a more general approach was required which is described in Hothorn et al. (2008). Its approach extends the canonical theory of multiple comparison procedures in ANOVA models to linear regression problems, generalized linear models, linear mixed effects models, the Cox model, and robust linear models. No statistical differences were found between levels of -10, -5, and 0 dB SL (p = 1.00), and the P2-N1 amplitudes for these sensation levels were not significantly different from 0  $\mu$ V. No CAEPs generally should be expected at non-positive sensation levels. However, all other pairwise comparisons showed that amplitudes associated with sensation levels 5, 10, 15, and 20 dB SL were significantly larger than their lower-level counterparts (p < 0.001, except p = 0.02 for 15 versus 20 dB SL). There was a trend (p = 0.06) which indicated that amplitudes associated with a frequency of 4000 Hz were smaller than those with 2000 Hz.

#### DISCUSSION

Although the recordings and objective CAEP detection in this study were carried out using the HEARLab system, the general methods, ideas, and results behind the objective threshold searching paradigm are independent of the measurement platform. Any researcher with access to a single-channel EEG recording system and custom-made online processing (for baseline correction, Hotelling's  $T^2$  statistics and stimulus presentation) can apply the techniques presented in this paper without requiring the HEARLab system.

## **Behavioral threshold estimation**

## **Objective detection of CAEPs**

A number of authors have investigated objective detection of auditory evoked potentials. Some focused on objective detection in the frequency domain using magnitude squared coherence or the phase spectral method, which is mainly useful for periodic signals and responses (Ross et al. 1980; Dobie and Wilson 1989). Hoppe et al. (2001) used feature extraction using wavelets, classification through a neural network, and then applied a statistical test. Ross et al. (1999) focused on phase coherence in the time-frequency domain. The objective detection method for CAEPs used in this paper, based on the Hotelling's T<sup>2</sup> statistic (Golding et al. 2009; Carter et al. 2010) is using information from the time domain only. Other detection methods in the time domain have been described for auditory brainstem response measurements using the statistical measure  $F_{sp}$  (Don et al. 1984; Sininger et al. 2001). All these approaches claim that they perform equally well or better than human observers, and/or that they can assist in keeping false positive rates at a fixed and known level. Hoth (1993) provided a more in-depth overview of objective detection algorithms for electrophysiological responses. He also presented his own objective measure Q for CAEP presence, which is an average of five parameters: reproducibility of the cortical waveform, correlation with the typical shape of the CAEP trace, response-to-noise ratio, relative amplitude at 5 Hz, and a digital sign test. He argued that the concept of using several features of the CAEP curve has the effect that the violation of one criterion can be compensated by another.

### Threshold estimation

Threshold estimation has been the topic of many studies, with a summary of the most relevant studies for both normal-hearing and hearing-impaired subjects presented in Picton (2011). Table 4 shows a similar overview of publications, limited to studies with only hearing-impaired adults.

Based on Table 4, it can be concluded that the differences between electrophysiological and behavioral thresholds are in the range of -9 to 14 dB, with standard deviations between 5 and 14 dB. Only two studies apart from the current study have determined thresholds objectively (Hoth 1993; Ross et al. 1999). The latter was not included in Table 4 as its subjects were recruited for medico-legal reasons, and did not provide reliable behavioral thresholds. No differences larger than 15 dB were found between the two studies using objective cortical response detection (Hoth (1993) and the current study), and the others listed in Table 4.

Using a compound metric for objective CAEP detection, Hoth (1993) obtained a linear regression equation y = 0.89\*x + 6.8 dB (y = cortical threshold, and x = behavioral threshold), collapsed over all frequencies. When comparing with the linear equation derived in the current study (y = 0.89\*x + 15.6 dB), the slope (0.89) was found to be similar. The elevated intercept

(15.6 versus 6.8 dB) can be explained by the use of shorter (40 ms) tone-bursts in this study, while Hoth (1993) used 500 ms pure-tones. The difference between tone-bursts and pure-tones behaviorally accounts for about 5 dB, as shown in Table 1. When comparing correlations ( $r^2 = 0.72$  versus 0.79 in the current study), results again were similar for two different objective approaches.

Figure 4 presented logistic curves fitted to CAEP detection sensitivities as a function of sensation level, with 50 % sensitivity points estimated between 6 and 7 dB SL. These levels are within 5 dB of the corrections mentioned in Table 2. These results suggest that although thresholds can be determined using different approaches, any estimates lie practically closely together. In addition, the 50 % sensitivity points were within 5 dB of a similar 50 % threshold corresponding to the maximum slope of a function discriminating objective response absence from response presence, which occurred at a sensation level of  $2.2 \pm 0.3$  dB SL (Hoth 1993).

Normal-hearing subjects do not experience loudness recruitment, which would result in less steep CAEP growth curves. This in turn might influence cortical assessment of hearing thresholds in normal-hearers. However, reported differences between cortical and behavioral thresholds in normal-hearers vary significantly, ranging from 2 to 22 dB (SDs from 3 to 12 dB) (Beagley and Kellogg 1969; Van Maanen and Stapells 2005; Lightfoot and Kennedy 2006; Tomlin et al. 2006). There is hence no indication so far that threshold differences would be larger in normal-hearers when compared to hearing-impaired subjects. For this reason any cortical tone-burst thresholds at 30 dB HL or lower would considered to be normal-hearing (by adding a 10 dB difference to a 20 dB HL criterion of normal-hearing ability).

An important potential target group for the (objective) determination of cortical thresholds would be hearing-impaired infants, and more specifically children with auditory neuropathy spectrum disorder who do not have any recordable auditory brainstem responses (Berlin et al. 2009). Cortical thresholds can be recorded in infants and children with varying accuracy (Taguchi et al. 1969; Barnet 1971; Suzuki et al. 1976; Cone and Whitaker 2013). It is not clear yet whether CAEP thresholds can be recorded reliably for specific frequencies with young infants in the clinic due to the variable nature of the CAEP at (very) young age. Nevertheless, the use of an objective detection of cortical responses could definitely assist the clinician performing the electrophysiological recordings (Carter et al. 2010).

# <u>No objectively detected cortical responses at low/mid presentation levels in some hearing-</u> <u>impaired adults</u>

There were only 10/241 CAEP-behavioral differences that exceeded 30 dB and these differences were present in only 3 of 34 subjects, as evidenced by Figures 5 and 7. These significant differences have not been reported frequently in the literature. Some studies, all using tone-bursts between 200 and 500 ms, showed obvious outliers as well. While testing normal-hearers, Rose et al. (1972) did not find CAEPs in 8 % of the recordings above 60 dB SL. Hoth (1993) reported deviations as large as 30 dB. Tsui et al. (2002) found up to 14.5% poorer CAEP than behavioral thresholds by 15 dB or more, with discrepancies sometimes as great as 50 dB.

Conversely, some studies indicated an excellent accuracy for the use of CAEPs in behavioral threshold estimation, without any reported outliers. Tomlin et al. (2006) reported all their behavioral hearing threshold estimates using CAEPs within 15 dB for both 500 and 4000 Hz. Others did report on data points outside a specific, but limited, range. However, the

proportion of differences exceeding 15 dB was maximally 3.2 % (Coles and Mason 1984; Alberti et al. 1987; Prasher et al. 1993; Rickards et al. 1996; Yeung and Wong 2007). Errors were attributed to: excessive rhythmic activity in the EEG obliterating the response upon averaging, drowsiness, excessive muscle activity, and increased ambient noise level (Prasher et al. 1993). None of these possible reasons likely can explain the outliers presented in this study: both subjects and specific recordings producing these outliers were not noisier than average, and the outliers were repeatable in at least one subject (Figure 6). The only difference is the introduction of the objective CAEP detection technique. Although it is unlikely the outliers are caused by the objective technique, it is possible, and further investigation is warranted: the CAEP detection performance of the objective Hotelling's T<sup>2</sup> statistic has been compared with human observers in two studies (Golding et al. 2009; Carter et al. 2010). Its performance was found to be equally good or better than human assessment. However, the number of subjects in both experiments was limited, and estimating behavioral thresholds was not the focus. Hence, a larger study directly comparing thresholds obtained by objective and behavioral interpretation of CAEP waveforms in the same population is recommended.

## Error detection in the decision tree

Although the standard deviations of threshold differences in the third column of Table 3 were slightly smaller for two levels of error detection, the number of recordings necessary to obtain a CAEP threshold increased as well. This is caused by the additional retests that are required when an error detection test shows inconsistent results and the final threshold is equivocal.

It is therefore not clear whether it is worthwhile to introduce these types of error checks in hearing threshold estimation decision trees to avoid underestimating hearing losses. Benefits are not obvious, while test times do increase.

## Decision tree versus Hughson-Westlake: Number of recordings to determine a threshold

Prior to the start of this study, it was hypothesized that the use of a decision tree would reduce testing time significantly when compared with a 10-down 5-up paradigm (Hughson-Westlake). This was not the case. The only benefit could be found in the significantly smaller variation of the average required number of recordings when using a decision tree. When using a Hughson-Westlake procedure, the number of recordings needed to assess normal hearing levels (around 0 dB), or severe hearing losses (> 90 dB) can become large. For this reason a decision tree as depicted in Figure 1 would be beneficial if total test time needs to be kept reasonably constant across subjects, which would be beneficial for clinic scheduling purposes. A proper experimental comparison, without simulations, between a conventional Hughson-Westlake and a decision tree for threshold searching would be recommended however to confirm these results.

## **CAEP** amplitudes

As shown in Figure 8, CAEP amplitudes increased for sensation levels from 5 dB SL. This increase with stimulus level has been observed in many previous studies (Picton et al. 1977; Ross et al. 1999; Lightfoot and Kennedy 2006; Cone and Whitaker 2013).

Ross et al. (1999) derived that the threshold using an objective statistical CAEP detection paradigm was on average 7.5 dB above the actual electrophysiological threshold. This difference of 7.5 dB can be explained by the presence of EEG noise, causing the CAEP to be obscured. Less than 3 dB difference exists with the average value (10.3 dB) reported in Table 2. This makes the results in both studies comparable, providing one assumes the behavioral threshold is close to the electrophysiological threshold. This reinforces both studies' conclusions of objective statistical CAEP detection being a viable option for finding CAEP thresholds.

According to Picton (2011),"the rate of change for the amplitude-intensity function of the CAEP tends to decrease with increasing intensity". This observation was also evident in Figure 8, albeit slightly. Plateauing appeared at 15 dB SL, which is at lower sensation levels than shown in Ross et al. (1999), who only reported on N1 amplitudes however. Saturation was described for hearing-impaired subjects from 25 dB SL. This was attributed to recruitment. In addition, the saturation in Figure 8 is likely influenced by the adaptive process involved in estimating thresholds based on the cortical responses alone. Low-amplitude CAEPs are less likely to be detected at low sensation levels. Hence, participants with low-amplitude CAEPs were tested at higher sensation levels than participants with high-amplitude CAEPs. Consequently, the variation of participants across testing levels will tend to produce a greater degree of saturation than would be observed had all participants been tested at the same range of levels relative to their behavioral thresholds.

Together with an earlier CAEP amplitude saturation, a steeper growth curve is evident in hearing-impaired subjects as well when comparing to normal-hearers (Cody et al. 1968; Morita et al. 2003). Both effects might be explained by an enhanced activation of the auditory cortex. This is assumed to be a result of sensorineural hearing loss – observed as well in animals – caused by suppression of inhibition at or around the inferior colliculus by reduced activation of afferent neurons from the cochlea (Morita et al. 2003).

There was a trend in Figure 8 of lower amplitudes being observed for tone-bursts with higher frequencies, which has been shown as well in other studies (Antinoro et al. 1969; Ross et al. 1999).

## **EEG noise**

To compare noise levels in adults and infants, noise data using the same filter settings as in this study have been collected from 22 hearing-impaired infants with an age range from 8 to 30 months (Van Dun et al. 2012). The mean noise amplitude in the infant study for a single epoch was 27.6  $\mu$ V with a standard deviation of 2.6  $\mu$ V. When comparing with the EEG noise levels obtained in the current study (12.1 ± 2.6  $\mu$ V), it is interesting to note that standard deviations of the epoch noise distributions were similar, but that EEG noise in children with the quoted age range was 2.3 times larger than in adults. Although larger component amplitudes were being observed in normal-hearing infants when compared to adults, Cone and Whitaker (2013) state that the response-to-noise ratios of infant CAEPs indeed were lower owing to higher noise levels. This will have implications when testing cortical responses in infants, requiring longer test times, which is observed in the clinic as well.

#### Differences between behavioral tone-burst and pure-tone thresholds

According to Table 1, an average difference existed of 5 dB between behavioral 40 ms tone-burst and  $\approx 1$  s pure-tone thresholds. This discrepancy can be explained by the positive relationship between perceived loudness and stimulus duration (Scharf 1978; Moore 2012). For stimuli longer than 500 ms, the sound intensity needed to obtain a threshold is independent from

sound duration. Below 150 to 300 ms however, the required sound intensity roughly doubles when halving the stimulus duration. This rule of thumb is highly variable however. Varying time constants of integration for the loudness-duration function have been obtained in different studies, with 80 ms being an acceptable time constant (Scharf 1978). The variability in differences is evidenced by the 4 dB standard deviations in Table 1.

There is debate as well concerning the effects of frequency on increased thresholds for short duration stimuli. Most studies indicate frequency seems to have little if any effect (Scharf 1978), except Plomp and Bouman (1959) who found that the time constant of integration decreased with increasing frequency. Except for Plomp and Bouman (1959), there is no published evidence supporting the pattern in this study of increasing difference between tone-burst and pure-tone behavioral thresholds for lower frequencies.

#### CONCLUSION

This study was designed to determine the difference between behavioral and CAEP thresholds detected using an objective cortical response detection algorithm in hearing-impaired adults. A decision tree was introduced and evaluated to identify the next stimulus level, and compared with a traditional Hughson-Westlake procedure. Results showed behavioral hearing thresholds could be estimated by subtracting on average 10 dB from the obtained cortical threshold. The use of a decision tree did not reduce test time, but there was significantly less variation across subjects in the number of recordings needed to determine a threshold. The combination of objective cortical response detection with a decision tree presents a promising first approach towards automated hearing threshold estimation. Future research should directly compare estimated thresholds obtained from human observers and different objective measures, and look for more efficient threshold searching algorithms.

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**Figure 1**. Decision tree used for decreasing and increasing stimulus levels when starting at 60 dB HL. Error detection was implemented at two different levels.



**Figure 2.** Histogram of EEG noise rms amplitudes of 1227 available recordings for EEG bandpass filtered between 0.16 and 30 Hz.



**Figure 3.** Time-domain CAEP grand averages at different presentation levels for subject 21 tested with 1 kHz tone-bursts in the right ear. Statistical p-values are displayed with each cortical waveform. The arrow indicates the stimulus level defining cortical threshold.



**Figure 4.** Proportion of responses present (in %) for each frequency at different sensation levels re behavioral pure-tone threshold. Markers based on less than 10 data points are not shown.



**Figure 5.** Stacked histogram of differences between CAEP and behavioral pure-tone thresholds for four audiometric frequencies. The numbers on top of the bars represent cumulative proportions (in %).



**Figure 6.** Time-domain CAEP grand averages (test and retest) at different stimulus levels for subject 19 tested with 4 kHz tone-bursts in the left ear. Statistical p-values are displayed with each cortical waveform (retest p-value between brackets). No repeatable CAEP could be identified. An example of a repeatable CAEP from the same subject (1 kHz, left ear) is shown below the dashed line.



**Figure 7.** Cortical tone-burst versus behavioral pure-tone threshold for four audiometric frequencies. Linear regression line drawn in bold. Equality represented by a fine line.



**Figure 8**. Average P2 amplitude (across 170-270 ms latencies) minus average N1 amplitude (across 75-115 ms latencies) in response to 40 ms tone-bursts versus sensation level relative to behavioral pure-tone threshold (in dB SL). Error bars indicate standard error.

**Table 1.** Mean differences (in dB), and standard deviations, between behavioral 5-dB step toneburst and 2-dB step pure-tone thresholds for four audiometric frequencies. Pure-tone thresholds subtracted from 40 ms tone-burst thresholds.

	500 Hz	1000 Hz	2000 Hz	4000 Hz	all
Mean ± SD	$6.9\pm4.4$	5.7 ± 3.7	$4.3 \pm 3.0$	2.9 ± 3.2	4.9 ± 3.9

**Table 2.** Mean difference, and standard deviation, between cortical tone-burst and behavioral

 pure-tone thresholds (in dB) for four audiometric frequencies. Behaviorial thresholds subtracted

 from CAEP thresholds.

	500 Hz	1000 Hz	2000 Hz	4000 Hz	all
Pure-tones with outliers	$11.2 \pm 7.7$	$10.8\pm9.4$	$10.3 \pm 11.8$	8.7 ± 11.4	$10.3 \pm 10.2$
Pure-tones without 4% outliers	$10.8 \pm 7.1$	9.7 ± 7.3	8.3 ± 7.1	$7.4 \pm 8.8$	9.1 ± 7.7

**Table 3.** For all error-detection levels shown in Figure 1: mean difference between cortical toneburst and behavioral pure-tone thresholds, and their standard deviation; mean number of recordings to determine a cortical threshold, and their standard deviation; proportion of discarded data points due to error detection, and adjusted mean of number of recordings ('recs') when retesting inconsistent cortical thresholds.

# Error	Mean difference	SD difference	Mean	SD	% discarded	Adjusted	
levels	( <b>dB</b> )	(dB)	# recs	# recs	data points	mean # recs	
0	10.3	10.2	4.53	0.50	0.0	4.53	
1	10.3	10.2	4.63	0.54	2.6	4.75	
2	10.7	9.6	4.81	0.59	12.4	5.40	

**Table 4.** Overview of adult studies reporting on behavioral threshold estimation using CAEPs. Studies involving mixed populations (normal-hearers and hearing-impaired subjects) that could not be separated are not included. All CAEPs were evaluated through visual inspection, except Hoth (1993) and the current study. The latter's threshold differences are obtained from Table 2. The structure of this table is similar to Table 11.1 in Picton (2011). All studies except Beagley and Kellogg (1969), Coles and Mason (1984), and Rickards et al. (1996) defined a threshold as the lowest level at which a response could be discerned. Thresholds in Beagley and Kellogg (1969) were lowered an extra 2.5 dB. Coles and Mason (1984) took the 5 dB step nearest to the best threshold estimate. Rickards et al. (1996) took the lowest intensity with a detected CAEP, or the intensity 5 dB lower, depending on additional criteria.

	For	Mean	Hearing	Dun	504		Physiological - Behavioral difference (dB)				
Study	(subjects)	age	loss	(ms)	50A (s)	Swps	500	1000	2000	4000	РТА
		(range)	(dB HL)				Hz	Hz	Hz	Hz	
Beagley and	26 (26)	32	9	25	1.25	60	2+6	1+6	4 + 7		2 + 5
Kellogg (1969)	30 (30)	(18-52)	1	23	1.23	00	$5\pm 0$	1±0	4 ± /		5 ± 5
Coles and	129 (129)	2	2	200	1.5	<i>c</i> 1	0 . 10		-1 ±	2.7	
Mason (1984)	ML	?	?	200	1.5	64	$0 \pm 10$	-1 ± 0	11	-2 ± 1	
Hoth (1993)	21 (21)	18 - 78	?	500	2.5	50	visual detection			5 ± 12	
						50		objective detection			-2 ± 11
	62 (62)	55 ± 10	28 ± 17*					0 . 11		1 . 10	
Prasher et al.	NIHL	(34 - 78)	53 ± 22**	200	1.0	9		$0 \pm 11$		$1 \pm 10$	
(1993)	27 (27)	59 ± 10	49 ± 23*	200	1.0	!					
	Ménière's	(39 - 73)	58 ± 15**					2 ± 8		$1\pm 8$	
Rickards et al.	982 (500)		2	100	2.0	?	1 ± 5	1 ± 4	2 ± 5	$0\pm 5$	1 ± 5
(1996)	ML	$55 \pm 8$	?								
Tsui et al.	408 (204)		0	200		<i>c</i> 1		0 . 11	1 . 0		
(2002)	ML	36 - 74	?	200	0.8	64		2 ± 11	1 ± 9		
Tomlin et al. (2006)	30 (30)	67 (36-91)	?	100	1.4	60	$9\pm7$			$14 \pm 14$	
			30 - 55				7 ± 8	8 ± 5	5 ± 10	-3 ± 14	
Yeung and	44 (34)	23 - 69	60 - 85	200	0.8	64	6 ± 7	9 ± 8	8 ± 9	-3 ± 19	
wong (2007)			90+	_			-2 ± 5	2 ± 5	6 ± 7	-9 ± 10	
Current		71 ± 9							10 ±		
study	66 (34)	(43 - 89)	50 ± 18	40	1.175	120	$11 \pm 8$	11 ± 9	12	9 ± 11	$10 \pm 10$

\* 1 kHz \*\* 2 kHz Dur: duration of stimuli. Swps: sweeps. SOA: stimulus onset asynchrony. NIHL: noise induced hearing loss. ML:

medico-legal. PTA: pure-tone average.

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