

#### Connecting with NAL

## **SOUNDBITES WEBINAR SERIES**

#### **USING BI TO UNDERSTAND DEVICE DECISIONS**

Megan Gilliver, PhD Research Scientist

## **Quick Quiz**

#### **Question:**

What do the following have in common?



Choosing between hearing aids

Toilet paper stockpiling

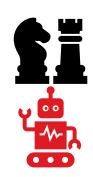


#### **Answer:**

Both behaviours can be understood, in part, by behavioural insights (BI).



## **Behavioural Insights**















# Different ways of thinking



Are you thinking what I'm thinking, System 1?

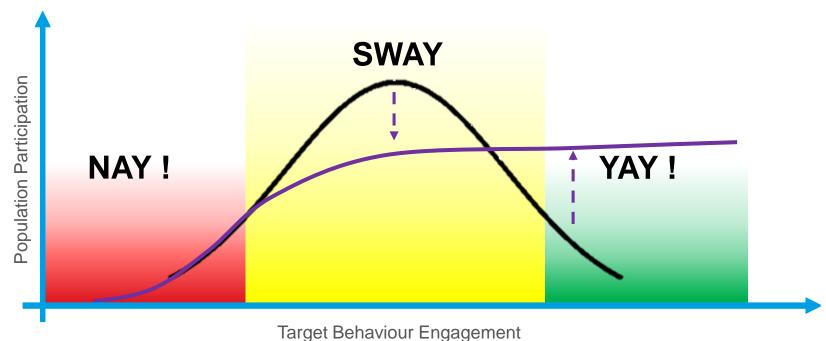
Probably not, System 2





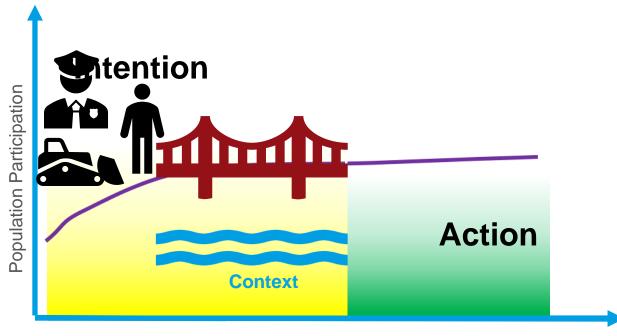
BI: Understanding influences on decision-making Using this to engage behaviour

# A nudge in the right direction





# Mind The Gap







## **Hearing Health Decisions**

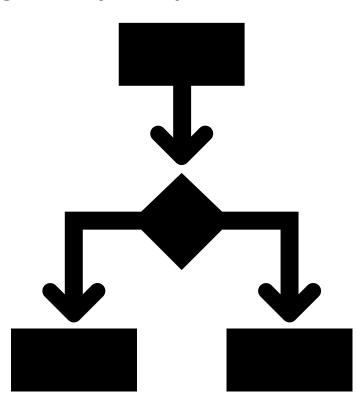
Some important decision points along the hearing health journey...

Help-seeking

Hearing Aid Adoption

Hearing Aid Choice





# **Context: Target Groups**

1. Clinicians tasked with helping clients navigate decisions about device choice

2. First time clients choosing hearing aids under the Hearing Services Program.

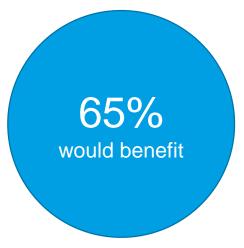
"Entry level" devices, fully subsidised

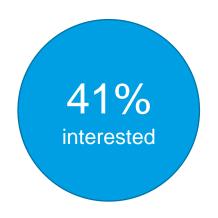
"Higher level" devices, client contributes



# The choice gap

When asked about higher level devices for clients, clinicians reported:





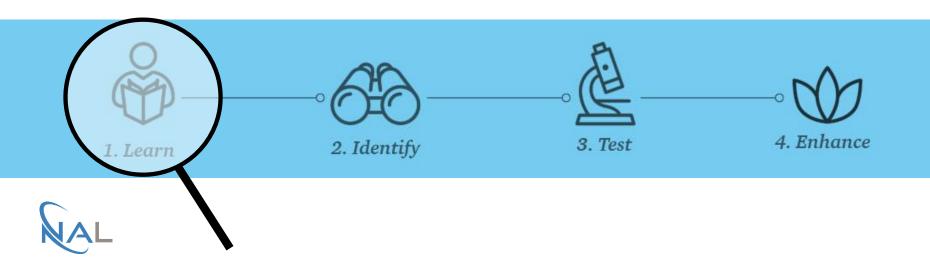




## **BI Research Process**

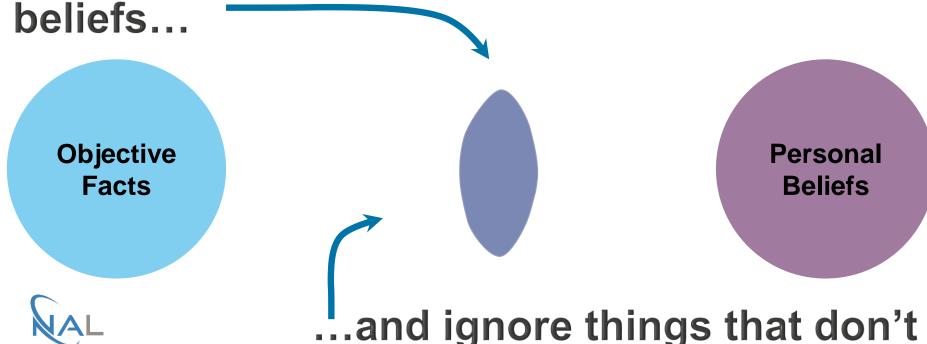
#### **Focus**

- Improve device discussions (for clients AND clinicians)
- Support clients to make choices that are right for them.

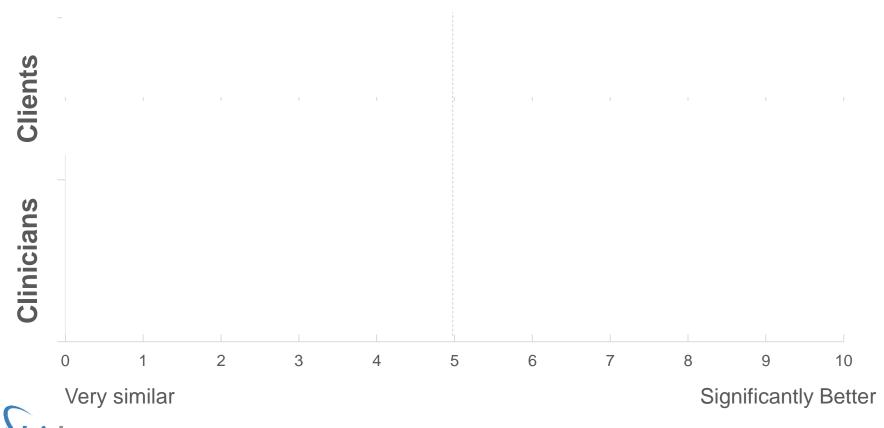


## **Confirmation Bias**

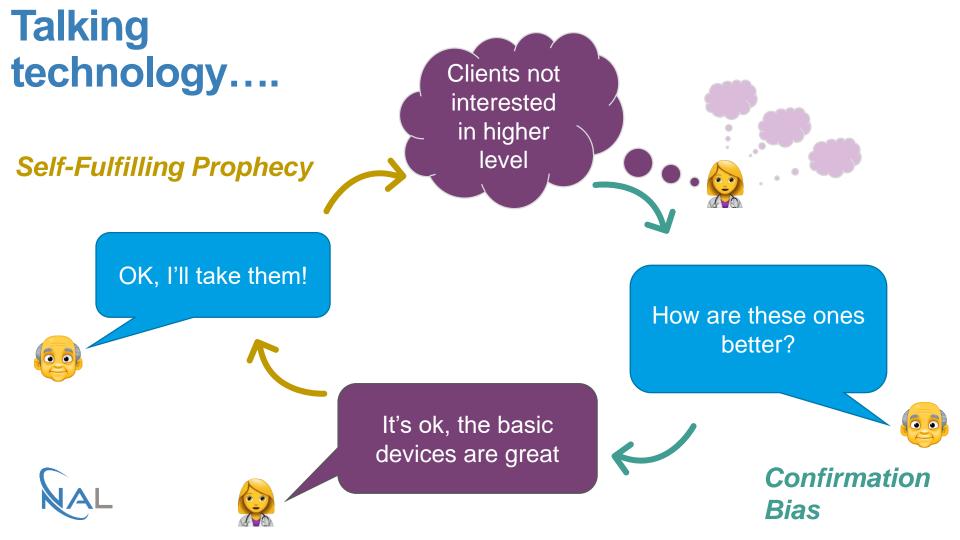
We focus on things that confirm our beliefs...



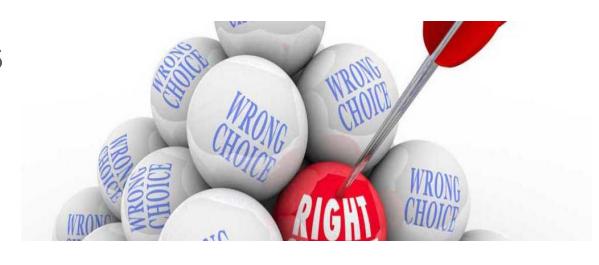
## Beliefs about different devices



Benefits of higher level devices compared to entry level devices?



# What Influences Decision Making?





# A sticky example

Scene: Your local supermarket

On offer: Jam

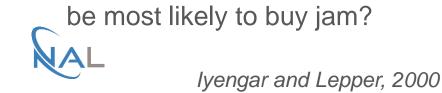
Day One Limited choice 6 Flavours



Day Two Wide choice 24 Flavours



Question: Which day will customers be most likely to buy jam?





## **Choice overload**



Help me, System 1!

No worries, I've got this,

System 2 Ch





## System 1 Thinking

- Avoid Loss
- Avoid Loss
- Avoid Loss





**Delegate Choice** 



**Choose a Default** 



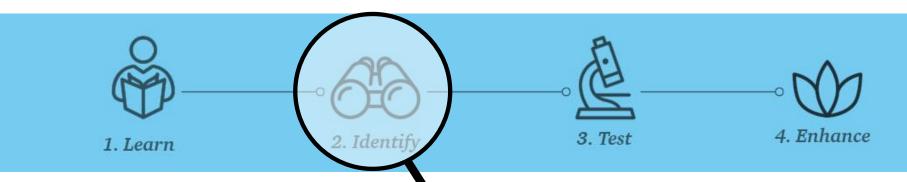
**Choose Nothing!** 



## **BI Research Process**

#### **Focus**

- Improve device discussions (for clients AND clinicians)
- Support clients to make choices that are right for them.





Can BI interventions make a difference?

# **Supporting Decisions: Happy Clinicians**

Overally, clinicians' confidence increased for:

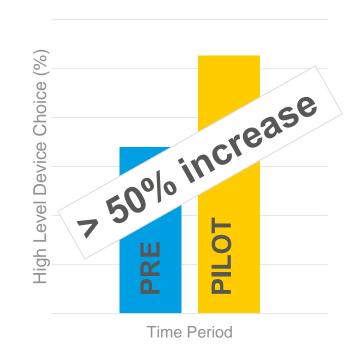
- Minimising their own bias
- Discussing device choices
- Discussing price

"I was no longer a 'sales person'... [I was] a clinician that had their needs as my main concern. Although this was always the case, I was... now perceived to be on their team ..."



# **Supporting Choice: Pilot Project**

Clients choosing higher level devices





# **Supporting Decisions: Happy Clients**

"Great consultation. Explained everything fully, answered all questions. No pressure sales to get you to purchase the most expensive item."

-First-time Client, 63 years old



"Informative without pressure. Treated with respect."

-First-time Client, 81 years old

## Thanks to...

#### **NAL's BI Researchers**



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